

# FINKEL PROFESSOR OF GLOBAL HEALTH

2022 Annual Impact Report





# THANK YOU

I am delighted to provide you with this update from the Finkel Chair in Global Health, Professor Jane Fisher AO.

The Global and Women's Health Unit, hosted by Monash University's School of Public Health and Preventive Medicine, is proud to acknowledge the generous support of the Alan and Elizabeth Finkel Foundation as crucial to its research into the reduction of health inequalities across the globe.

By taking innovative and collaborative approaches to understanding and addressing complex global health problems, Jane and her team have proven highly successful in generating evidence to guide their prevention. From projects such as the Learning Clubs in rural northern Vietnam, which promote the health of women and infants in a resource-constrained country, to investigating the psychological effects of the Covid-19 pandemic, the work of the Global and Women's Health team has an impact that stretches well beyond Australian borders.

The Unit's important research into global and public health is an integral part of Monash University's 2021-2030 strategic plan, *Impact 2030*, which explicitly seeks solutions to three key challenges of climate change, geopolitical security and thriving communities. All of Jane's research and research translation in global health seeks to reduce health inequalities and contribute to these priorities. Her focus on how communities and community members can be enabled to thrive, even in difficult circumstances, reflects and reinforces Monash University's commitment to thriving communities and positions us a global leader in addressing inequality.

We highly appreciate Alan and Elizabeth Finkel's continuous commitment and support, and we look forward to continuing to work with them closely through their support of the Finkel Research Chair in Global Health and beyond. Thank you for being champions of the future.

## SUSAN ELLIOTT

Provost and Senior Vice-President



*The generous support of the Alan and Elizabeth Finkel Foundation is crucial for research into the reduction of health inequalities across the globe.*

## SUSAN ELLIOTT

Provost and Senior Vice-President

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# SUMMARY

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**Despite beginning 2022 with continuing uncertainty about the pandemic, the Global and Women's Health Unit has delivered a year of solid productivity. The Unit advanced key projects and experienced an increase from 2021 of peer-reviewed publications, media imprints, and presentations at conferences and professional education events.**

## LEARNING CLUBS FOR EARLY CHILDHOOD DEVELOPMENT IN RURAL VIETNAM

- The Learning Clubs intervention is a structured programme that seeks to address eight risks to optimal early childhood development by combining perinatal stage-specific information, learning activities and social support.
- The recent completion of a cluster randomised controlled trial demonstrated the Program's effectiveness in a rural province. Communes (the smallest administrative entity) were assigned randomly to program or usual care conditions. At the end of the trial, two-year-old children in the intervention arm had significantly higher scores in all development domains than children in the control arm.
- In June 2022 Jane was invited with our collaborator Ms Ha Tran from the Research and Training Centre for Community Development in Hanoi to participate in a workshop for selected grantees in the Netherlands. The Unit was one of only three groups who had been supported by Grand Challenges Canada in their Saving Brains Initiative to be invited to a workshop in Leiden, the Netherlands to discuss strategies for taking effective interventions to scale.

## IMPACT OF THE LEARNING CLUBS PROGRAM ON MEN'S ATTITUDES AND BEHAVIOURS

- A World Bank Group - Sexual Violence Research Initiative grant enabled the Unit to research the effects of Learning Clubs on male attitudes towards infant care and household work. The Learning Clubs Program was associated with more equitable attitudes and behaviours among men whose families were in the intervention than in the control arm of the trial.
- Dr. Shelly Makleff delivered an oral presentation, *Addressing violence against women and children through Early Childhood Development programs: Considerations for engaging fathers based on evaluation of the Learning Clubs (Early Journey of Life) program in Vietnam*, at the Sexual Violence Research Initiative Forum in Mexico in September 2022.

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## LIFE AND OTHER CATASTROPHES

- Jane reached the 10-year milestone of co-hosting the weekly *Life and Other Catastrophes* talkback segment with Rafael Epstein of *ABC Drive*, an influential program that attracts average audience figures of around 775,000 listeners per week.
- *Life and Other Catastrophes* received the 2021 VicHealth Health Promotion Award for Outstanding Media Reporting.

## OUTPUTS

- The Global and Women's Health Unit achieved significant growth in publishing in the peer-reviewed literature with a total of 50 publications in 2022.
- We actively contributed to media interviews, securing 335 media imprints across the calendar year, which is the equivalent advertising value of \$2,604,395.
- The Unit delivered 26 invited presentations and contributed 16 conference presentations and two posters.
- We supervised and mentored 24 new and continuing research higher degree and postgraduate students. Three students completed their PhDs this year.

## NEW GRANTS SECURED

- We have been successful in securing new competitive funding from the Victorian Department of Health, VicHealth, Jean Hailes for Women's Health, and the National Centre for Healthy Ageing.
- In a collaboration through Monash Partners we have been awarded a Medical Research Future Fund grant worth almost A\$5,000,000.

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# REPORT FROM THE FINKEL PROFESSOR OF GLOBAL HEALTH

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*I am deeply grateful for the generous support of Dr Elizabeth Finkel, Dr Alan Finkel and the Finkel Family Foundation which enables me to lead such a productive and effective research group at Monash University.*

**PROFESSOR  
JANE FISHER, AO**

Finkel Professor  
of Global Health

Our Global and Women's Health Unit began 2022 with continuing uncertainty about the pandemic and its implications for our ways of working. We are privileged to have had access to both office space and virtual connectivity and have spent the year working in a hybrid format with some time working together in person in the offices at 553 St Kilda Road and the rest working virtually. The Unit continues to be highly collegial, collaborative, and industrious. Our productivity grew with even more peer-reviewed publications and both in-person and virtual conference and professional education presentations than in 2021.

We are pleased to be contributing to the key work of Monash University as it implements its 2021-2030 strategic plan, *Impact 2030*. Our Fire to Flourish program, which investigates the impact of climate related natural hazards on human health in bushfire-affected areas in New South Wales and Victoria, can draw a direct line to the plan's key goal of 'thriving communities'. That can equally be said of other investigations spanning the life course, from enabling very young children living in poverty in rural Vietnam to develop and thrive, to investigations of infertility and research about the vital contributions made by women aged in their eighties and nineties.

Our work continues to be influential at the highest policy levels, from the World Health Organization and UNICEF to the US Agency for International Development's (USAID) MOMENTUM Country and Global Leadership initiative. I have been invited to provide technical advice to the World Health Organization and UNICEF on the implementation of the Nurturing Care Framework, in particular, how these agencies can consider the needs of caregivers as well as young children in resource-constrained settings. At the same time the United States Agency for International Development's MOMENTUM Country and Global Leadership initiative to support governments to achieve equity in maternal, newborn and child health has prioritised maternal mental health. I spoke at the launch of their Theory of Change and have been invited to join their Maternal Mental Health Community of Practice Steering Committee.

From delivering international and national conferences or public webinars or advising expert professional bodies or reviews of government policies and practices, our Unit had a highly engaged and effective 2022. We served on School of Public Health and Preventive Medicine Committees and research higher degree student progress review panels. The past year also saw us building capacity through maintaining our strong record of supervision and mentoring by providing research experience in six-week Scholarly Intensive Projects for eight final year medical students and supervising 16 new, continuing or just-completed PhD students.

I am deeply grateful for the generous support of Dr Elizabeth Finkel, Dr Alan Finkel and the Finkel Family Foundation which enables me to lead such a productive and effective research group at Monash University.

**PROFESSOR JANE FISHER, AO**

Finkel Professor of Global Health



## PROFESSOR FISHER AWARDED 2022 JOHN COX MEDAL FOR PERINATAL MENTAL HEALTH LEADERSHIP

**Professor Jane Fisher was awarded the 2022 John Cox medal and delivered the John Cox oration, a keynote speaking event at the Marcé Society Conference in the UK in September 2022. The award recognised Professor Fisher's international work on disparities in perinatal mental health.**

The award is named after John Cox, Professor Emeritus at Keele University and Visiting Professor of Mental Health at the University of Gloucestershire and the Institute of Psychiatry, London. He was a founder and past president of the Marcé Society, an international body dedicated to the understanding, prevention and treatment of mental illness related to childbearing, and co-developed the Edinburgh Postnatal Depression Scale.

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# SELECTED MAJOR PROJECT UPDATES

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## LEARNING CLUBS FOR EARLY CHILDHOOD DEVELOPMENT IN RURAL VIETNAM

In Vietnam one in five people live in absolute poverty (on less than USD\$2.20 per day) and most children experience at least one of the eight major risks to optimal early childhood development: iron deficiency anaemia, iodine deficiency, intrauterine growth restriction, stunting, unresponsive caregiving, insufficient cognitive stimulation, maternal mental health problems and exposure to family violence.

The Learning Clubs intervention is a structured programme that seeks to address all eight risks by combining perinatal stage-specific information, learning activities and social support. Comprising 19 facilitated community groups, it invites women to join the Program from mid-pregnancy until the baby is one year old. All content is evidence-informed, culturally adapted for Vietnam, and aligned with national policies and international guidelines. Fathers and grandparents are encouraged to participate, with facilitators given specific training in respectful inclusion of men.



The recent completion of a cluster randomised controlled trial demonstrated the Program's effectiveness in a rural province. Communes (the smallest administrative entity) were assigned randomly to program or usual care conditions. At the end of the trial, two-year-old children in the intervention arm had significantly higher scores in all development domains than children in the control arm. This improves their learning capabilities for life.

The trial was jointly funded by the National Health and Medical Research Council and Grand Challenges Canada under the Saving Brains Initiative. Grand Challenges Canada provides grantees with coaching and facilitated support to maximise likelihood of successful project completion and scalability. In June 2022 Professor Fisher was invited with collaborator Ms Ha Tran from the Research and Training Centre for Community Development in Hanoi to participate in a workshop for selected grantees in the Netherlands. We discussed how to identify and address barriers to scalability and were invited to present to the conference of donors and philanthropists that was run in parallel to the grantee workshop.



## IMPACT OF THE LEARNING CLUBS PROGRAM ON MEN'S ATTITUDES AND BEHAVIOURS

We endeavoured in the father-inclusive Learning Clubs Program to address harmful gender norms and the prevalence of family violence in rural Vietnam through building empathy and giving men opportunities to learn how to care for their newborn babies. A grant from the World Bank Group - Sexual Violence Research Initiative helped us ascertain the effects of Learning Clubs on male attitudes towards infant care and household work, and rates of gender-based violence during a woman's pregnancy and up to two years post-partum.

COVID restrictions meant the research team had to collect data via a short questionnaire sent to men's

phones; we were pleased that more than 700 of them did this despite it being an unfamiliar task. Extensive data was also contributed by women about their husband's participation in household work and infant care from the earliest days of their babies' lives.

We found that the Learning Clubs Program was associated with more equitable attitudes and behaviours among men whose families were in the intervention than in the control arm of the trial.

An oral presentation on the Learning Clubs Vietnam project was given at the Sexual Violence Research Initiative Forum in Mexico in September 2022. Dr. Shelly Makleff presented on behalf of Ha Tran, Dr. Thach Tran, Hau Nguyen, and Professor Jane Fisher – *Addressing violence against women and children through Early Childhood Development programs: Considerations for engaging fathers based on evaluation of the Learning Clubs (Early Journey of Life) program in Vietnam.*



*Building empathy through imagining being pregnant and washing clothes or planting rice*



*Babies benefit from their father's care from the earliest days of life*

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## LIFE AND OTHER CATASTROPHES

For more than 10 years I have enjoyed co-hosting the weekly *Life and Other Catastrophes* talkback segment with Rafael Epstein of *ABC Drive*, an influential program that attracts average audience figures of around 775,000 listeners per week. This segment covers a wide range of human experiences, spanning relationships, health and wellbeing, attitudes, behaviours and beliefs. Some topics are suggested by listeners while others are planned with the production team. It has been described as a valuable resource, a comfort and an outlet for listeners as they are encouraged to share their experiences.

*Life and Other Catastrophes* received the [2021 VicHealth Health Promotion Award for Outstanding Media Reporting](#). This category recognises a Victorian journalist that has delivered accurate, impactful and/or compelling health promotion reporting, helping people to increase control over their health and wellbeing. Each week I am introduced with my title, and we are asked regularly “What is a Finkel Professor?”. This provides many opportunities to discuss the generous support of Elizabeth and Alan Finkel and the Finkel Family Foundation and the great benefits that philanthropic support has for public health research.

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## LIFE AND OTHER CATASTROPHES TURNS 10

When [Professor Jane Fisher](#) first joined the then new host of [ABC Melbourne’s Drive](#) show, Raf Epstein, on a talkback segment tackling a wide range of topics affecting the lives of Melburnians, she had no inkling that the team would one day celebrate the show’s tenth anniversary. The highly successful *Life and Other Catastrophes* segment has seen Jane become a figure loved by thousands of regular listeners who respond to her calm, considered thoughts and empathic listening style.

Mary-Jane Fenech worked as the show’s producer back in 2011. She remembers meeting Jane in the planning stages.

“Raf was new to the show, so he really needed to shape the show around his identity. He’s a news man, and we were cautious about *Drive* becoming another hard news spot. We wanted it to be a forum for Melburnians to enjoy and engage with topics reflecting their own lives.

“I put the word out through my contacts that we were looking for someone to appear alongside Raf, and was advised to get in touch with a Jane Fisher at Monash’s Jean Hailes Research Unit. I drove out to meet her, and I knew straight away she was the one.”

Mary-Jane spent eight years working as a Senior Producer on the show, and is still an avid listener of the segment. “My favourite episodes are the meatier ones. There was one on autism in women, where one caller told us about how she would secretly listen to her husband speaking on the phone, so she could pick up communication tricks that would help her mask her condition. I also really enjoyed segments we had on navigating fragile family relationships through weddings, and favourite children! Struggles that are so familiar to many of us, but don’t get a lot of public airtime.”

These days, Jane Fisher is the Finkel Professor of Global Health at Monash University’s School of Public Health and Preventive Medicine. She’s a clinical psychologist by training, and due to the sometimes emotional and taboo topics covered through her research, she’s well practiced at navigating sensitive conversations without shying away. She says, “The success of the show is in large part due to our generous listeners. They phone in with extremely personal and heartfelt stories, which they kindly and bravely share. It feels genuinely purposeful and valuable to provide a safe space to talk about these experiences. We know that people find it helpful to hear about how others have managed adversity and unexpected life events.”

“Recent callers who have stuck in my mind include one woman who shared the unexpected loss of her young child, and how she used the funeral to help the child’s classmates learn about death. And a man who shared with us his embarrassment of incontinence following surgery for prostate cancer. His courage and frankness were helping his friends (and our listeners) to decide about testing.

“Mental health and social wellbeing are huge components of public health. This segment enables me to bring evidence from public health research to discussions with members of the community. Raf is a skilled listener and has deep interest in his audience. If this shared segment provides reassurance to listeners, then it’s my great privilege to contribute to that.”

Host Raf Epstein says, “Jane is a radio natural. It’s not very often that people can bring not just their expertise, but also their humanity to a radio segment. She has the rare ability to listen intently to every story, and then ask the questions that unpeel the next layer of the story.

“Jane helped the show get through several COVID lockdowns in the last couple of years, which means she helped us all get through lockdowns.”

Jessica Lukjanow is the current Drive producer. She says, “The text and phone lines always light up when it starts, I guess because it’s like free therapy, isn’t it?”

Drive’s average audience figures of around 775,000 listeners per week indicate that many agree with her.

“Jane’s very good at sharing her own insights and experiences. Early in the pandemic, we did a few segments to support Victorians, including one on separation from family. I remember listening to Jane talking about not being able to meet her new grandchild, and being struck by how the pandemic was affecting so many people in different ways. Jessica is also a fan of the more serious topics. “The segment on the beauty of scars really got me. An elderly gentleman told us about a scar he has from a bike injury he got when riding with his Dad as a child, and he started crying as he was telling us what a lovely man his father had been. Another focussed on couples and individuals who had chosen not to have children, the decision-making behind it and the backlash and judgement they often faced. It can be hard to not well up in the studio.”

This article was published online 13 December 2021 in *Monash University Medicine, Nursing and Health Sciences Latest News*.



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# INTERNATIONAL AND NATIONAL ROLES

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## CONTRIBUTIONS TO THE WORLD HEALTH ORGANIZATION AND UNICEF 2022

Already a member of the World Health Organization and UNICEF Nurturing Care Implementation Working Group, I have been invited to provide technical advice to WHO and UNICEF on the implementation of the Nurturing Care Framework - in particular, how these agencies can consider the needs of caregivers as well as young children in resource-constrained settings.

## CONTRIBUTIONS TO THE UNITED STATES AGENCY FOR INTERNATIONAL DEVELOPMENT (USAID)

The USAID development agency's MOMENTUM Country and Global Leadership initiative aims to support governments to accelerate improvements and achieve equity in maternal, newborn and child health. After last year being an invited member of the Technical Consultation Committee, featuring 1000 representatives from 100 countries, this year I was invited to join their Maternal Mental Health Community of Practice Steering Committee.



## LOCAL BOARDS AND COMMITTEES

In addition to the above, I am an active member of the following boards and committees:

### COMMITTEES EXTERNAL TO THE UNIVERSITY:

- Chair, Psychosocial and Epidemiological Research in Reproduction Group, Royal Women's Hospital and Melbourne IVF (2008 – )
- Deputy Chair and Chair of the Executive Committee Australian Global Health Alliance (2019 – )
- Member, Masada Private Hospital Medical Advisory Committee (2016 – )
- Member, National Women's Health Survey Expert Advisory Group (2019 – )

### INTERNAL COMMITTEES:

- Co-Director Division of Planetary Health
- Member, Public Health and Preventive Medicine Senior Executive Committee
- Member, Public Health and Preventive Medicine Research Committee
- Chair, Public Health and Preventive Medicine Diversity and Inclusion Committee

### JOURNAL EDITORSHIPS:

- Senior Board Member Mental Health, BMC Women's Health
- Member of the Editorial Board Archives of Women's Mental Health
- Member of the Editorial Board Journal of Psychosomatic Obstetrics and Gynaecology
- Member of the Editorial Board International Journal of Mental Health Systems
- Member of the Editorial Board Global Mental Health

## PROFESSOR FISHER KEY PANELLIST ON WEBINAR LAUNCHING THE PERINATAL MENTAL HEALTH THEORY OF CHANGE

USAID's Country and Global Leadership arm, MOMENTUM, collaborated with global experts on perinatal mental health to deliver a webinar introducing a global theory of change. Held in October 2022, it selected Professor Jane Fisher as the first of eight speakers, setting the stage by discussing the worldwide occurrence of mental health problems experienced by women who are pregnant or have recently given birth. The launch of the 'Perinatal Mental Health Theory of Change: Next steps for a common global vision' was followed by a discussion on how to align behind a shared global vision to improve maternal and newborn health.



[youtube.com/watch?v=q9Sq4rc-\\_&t=3s](https://youtube.com/watch?v=q9Sq4rc-_&t=3s)

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# PUBLICATIONS, PRESENTATIONS AND MEDIA

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## GLOBAL AND WOMEN'S HEALTH PUBLICATIONS 2022

### PAPERS

1. Freak-Poli, R., Ryan, J., Tran, T., Owen, A., McHugh Power, J., Berk, M., Stocks, N., Gonzalez-Chica, D., Lowthian, J. A., Fisher, J., & Byles, J. (2022). Social isolation, social support and loneliness as independent concepts, and their relationship with health-related quality of life among older women. *Ageing & Mental Health*, 26(7), 1335-1344. <https://doi.org/10.1080/13607863.2021.1940097>
2. Baek, Y., Ademi, Z., Paudel, S., Fisher, J., Tran, T., Romero, L., & Owen, A. (2022). Economic Evaluations of Child Nutrition Interventions in Low- and Middle-Income Countries: Systematic Review and Quality Appraisal. *Advances in Nutrition*, 13(1), 282-317. <https://doi.org/10.1093/advances/nmab097>
3. Kneebone, E., Beilby, K., Hammarberg, K. (2022). Surrogates' and intended parents' experiences of surrogacy arrangements: A systematic review. *Reproductive BioMedicine Online*. <https://doi.org/10.1016/j.rbmo.2022.06.006>
4. Gang, D., Loff, B., Naylor, B., & Kirkman, M. (2022). Opening Pathways to Restorative Justice: Analysis of Parliamentary Debates on Sex Crime Law Reform in Victoria, Australia. *Social Politics*, 29(2), 658-681. <https://doi.org/10.1093/sp/jxab019>
5. Attawet, J., Wang, A., Li, Z., Johnson, L., Hammarberg, K., & Sullivan, E. (2022). Cumulative live birth rates among gestational surrogates in altruistic surrogacy arrangements. *Human Fertility*, 25(2), 329-336. <https://doi.org/10.1080/14647273.2020.1794062>
6. Hviid Malling, G. M., Schmidt, L., Pitsillos, T., Hammarberg, K., Tydén, T., Friberg, B., Jensen, I., & Ziebe, S. (2022). Taking fertility for granted—a qualitative exploration of fertility awareness among young, childless men in Denmark and Sweden. *Human Fertility*, 25(2), 337-348. <https://doi.org/10.1080/14647273.2020.1798516>
7. Hall, T., Goldfeld, S., Loftus, H., Honisett, S., Liu, H., Souza, D., Bailey, C., Reupert, A., Yap, M., Eapen, V., Haslam, R., Sanci, L., Fisher, J., Eastwood, J., Mukumbang, F., Loveday, S., Jones, R., Constable, L., Forell, S., Morris, Z., Montgomery, A., Pringle, G., Dalziel, K., Hiscock, H. (2022). Integrated Child and Family Hub models for detecting and responding to family adversity: protocol for a mixed-methods evaluation in two sites. *BMJ Open*. <https://doi.org/10.1136/bmjopen-2021-055431>
8. Dorney, E., Boyle, J., Walker, R., Hammarberg, K., Musgrave, L., Schoenaker, D., Jack, B., Black, K. (2022). A Systematic Review of Clinical Guidelines for Preconception Care. *Semin Reprod Med*. <https://doi.org/10.1055/s-0042-1748190>
9. Hore-Lacy, F., Hansen, J., Dimitriadis, C., Hoy, R., Fisher, J., Glass, D., Sim, M. (2022). Predictors of psychological stress in silica-exposed workers in the artificial stone benchtop industry. *Respirology*. <https://doi.org/10.1111/resp.14257>
10. Rees, S., Mohsin, M., Moussa, B., Fisher, J., Steel, Z., Nadar, N., Hassoun, F., Khalil, B., Youssef, M., Krishna, Y. (2022). Cohort profile: intimate partner violence and mental health among women from refugee background and a comparison group of Australian-born - the WATCH cohort study. *BMJ Open*. <https://doi.org/10.1136/bmjopen-2021-051887>
11. Egwunye, J., Cardoso, B., Braat, S., Tran, H., Hanieh, S., Hare, D., Duan, A., Doronila, A., Tran, T.D., Tran, T., Fisher, J., Biggs, B. (2022). The role of fingernail selenium in the association between arsenic, lead and mercury and child development in rural Vietnam: A cross-sectional analysis. *British Journal of Nutrition*. <https://doi.org/10.1017/S0007114522001374>
12. Sullivan, E., Safi, N., Li, Z., Remond, M., Chen, T., Javid, N., Dickinson, J., Ives, A., Hammarberg, K., Anazodo, A., Boyle, F., Fisher, J., Halliday, L., Duncombe, G., McLintock, C., Wang, A., Saunders, C. (2022). Perinatal outcomes of women with gestational breast cancer in Australia and New Zealand: A prospective population-based study. *Birth*. <https://doi.org/10.1111/birt.12642>
13. McGuinness, S. L., Johnson, J., Eades, O., Clifford, S., Fisher, J. R. W., Kirkman, M., Russell, G. M., Hodgson, C. L., Kelsall, H., Lane, R., Skouteris, H., Smith, K. L., Leder, K. S., & for the COVIC-HA investigator group (2022). Organizational responses to the COVID-19 pandemic in Victoria, Australia: A qualitative study across four healthcare settings. *Frontiers in Public Health*, 10, [96566]. <https://doi.org/10.3389/fpubh.2022.965664>
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16. Fisher, J., and Makleff, S. (2022). Advances in Gender-Transformative Approaches to Health Promotion. *Annual Review of Public Health*, 43:1-17. <https://doi.org/10.1146/annurev-publhealth-121019-053834>
17. Baek, Y., Owen, A. J., Fisher, J., Tran, T., & Ademi, Z. (2022). Lifetime impact of being underweight or overweight/obese during childhood in Vietnam. *BMC Public Health*, 22(1), [645]. <https://doi.org/10.1186/s12889-022-13061-8>
18. Phyo, A., Gonzalez-Chica, D., Stocks, N., Woods, R., Tran, TD., Reid, C., Tonkin, A., Nelson, M., McNeil, J., Murray, A., Gasevic, D., Freak-Poli, R., Ryan, J. (2022). Trajectories of physical health-related quality of life and the risk of incident cardiovascular disease events and all-cause mortality in older people. *American Heart Journal Plus: Cardiology Research and Practice*. <https://doi.org/10.1016/j.ahjo.2022.100117>
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23. Stanzel, K. A., Hammarberg, K., Nguyen, T., & Fisher, J. (2022). 'They should come forward with the information': menopause-related health literacy and health care experiences among Vietnamese-born women in Melbourne, Australia. *Ethnicity & Health*, 27(3), 601-616. <https://doi.org/10.1080/13557858.2020.1740176>
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45. Cicutinni, F. M., Tran, T. D., Hussain, S. M., Wluka, A. E., Fisher, J. R. W., & for the Monash COVID Restrictions Research Group (2022). Determinants of worse care for non-COVID-19 health or disability needs in Australia in the first month of COVID-19 restrictions: A national survey. *Health and Social Care in the Community*. <https://doi.org/10.1111/hsc.13699>
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48. Makleff, S., Varshney, K., Krishna, R., Romero, L., Fisher, J. (2022). Mental Health and Community Resilience among Vulnerable Populations Affected by Natural Hazards: Protocol for Scoping Reviews. *Method and Protocols*. 5(6), 88; <https://doi.org/10.3390/mps5060088>
49. Hunter, M., Hammarberg, K., Sher, J. (2022). Ask women what they want: Integrating pregnancy desire screening into routine primary care. *International Journal of Birth and Parent Education*. vol 10, issue 1.
50. Whyte, S., Chan, HF., Ferguson, N., Godwin, M., Hammarberg, K., Torgler, B. (2022). Understanding the Reasons Why Men and Women Do Not Donate Gametes. *Reprod Sci*. <https://doi.org/10.1007/s43032-022-01112-9>

## BOOK CHAPTERS

Hammarberg K, Coutts A, Rodrigues M. The value of care, In Fertility Patients Care Guidance: EFS Fertility Patients Care Guidance Development Group, The European Fertility Society, UK; 9-19. <https://www.europeanfertilitysociety.com/publications/EFs-Fertility-Patients-Care-Guidance-2022-rev-1.pdf>

## MEDIA

### MEDIA/INTERVIEW WITH JOURNALIST/ON RADIO

The Global and Women's Health unit actively contributes to public discourse, offering expert opinions and the translation of research by regularly participating in media interviews. In 2022, the unit has secured 335 media imprints, which is the equivalent advertising value of \$2,604,394.96. Below is a summary of a selection of the media engagement conducted by members of the team.

1. Fisher J. Disaster survivors feel more prepared for the next one but are often left out of planning. <https://theconversation.com/disaster-survivors-feel-more-prepared-for-the-next-one-but-are-often-left-out-of-planning-176674> *The Conversation*, 14 February 2022.
2. Fisher J. Glimpsing a life after COVID. <https://theconversation.com/thinking-about-freezing-your-eggs-to-have-a-baby-later-here-are-3-numbers-to-help-you-decide-187845> *Jean Hailes website, Medical and health articles*. 23 February 2022.
3. Hammarberg K. Women's and Children's Health Update: Ask your patients about pregnancy intentions. <https://www.healthed.com.au/podcasts/womens-and-childrens-health-update-ask-your-patients-about-pregnancy-intentions/> *Healthed Australia Podcast*. 11 Mar 2022.
4. Hammarberg K. Why do women still believe in the fertility myth? FEED PLAY LOVE Podcast. 28 Mar 2022. <https://omny.fm/shows/feed-play-love/why-do-women-still-believe-in-the-fertility-myth> *FEED PLAY LOVE Podcast*. 28 Mar 2022.
5. Hammarberg K. The Trouble with Testing. *Uoft Med Magazine*. 28 April 2022. <http://uoftmedmagazine.utoronto.ca/2022-summer/2022/04/28/the-trouble-with-testing-article/> *Uoft Med Magazine*. 28 April 2022.
6. Fisher J, Tran T. Intimate partner violence linked to poor pregnancy health in Vanuatu. <https://lens.monash.edu/2022/05/01/1384600/intimate-partner-violence-linked-to-poor-pregnancy-health-in-vanuatu> *Monash Lens*, 1 May 2022.
7. Hammarberg, K. Don't presume women with chronic conditions don't want babies. <https://www.qnis.org.uk/blog/dont-presume-women-with-chronic-conditions-dont-want-babies/> *The Queen's Nursing Institute Scotland Blog*, 11 May 2022.
8. Makleff S. In Roe v Wade's shadow, there's an urgent need to tackle abortion stigma in Australia. <https://lens.monash.edu/2022/05/26/1384710/in-roe-v-wades-shadow-theres-an-urgent-need-to-tackle-abortion-stigma-in-australia> *Monash Lens*, 26 May 2022.
9. Makleff S. How Roe v Wade will make abortion stigma in Australia even worse. <https://www.abc.net.au/radionational/programs/lifematters/how-roe-v-wade-will-make-abortion-stigma-in-australia-even-worse/13948032> *ABC Radio National Life Matters*. 28 June 2022.
10. Fisher J. 'Shocking and perplexing': Census reveals COVID toll on mental health. <https://www.theage.com.au/national/victoria/shocking-and-perplexing-census-reveals-covid-toll-on-mental-health-20220628-p5ax4u.html?btis> *The Age*, 28 June 2022.
11. Makleff S. Access to abortions in remote areas. <https://www.abc.net.au/canberra/programs/mornings/access-to-abortion-in-remote-areas/13947468> *ABC Radio Canberra*. 26 June 2022.
12. Makleff S. Media justice and abortion care. <https://www.3cr.org.au/womenontheline/episode/media-justice-and-abortion-care-australia> *3CR*. 18 July 2022.
13. Makleff S. Australia's abortion system under federal review as women fight for greater rights. <https://www.abc.net.au/radio/programs/worldtoday/australias-abortion-system-under-federal-review/13992722> *ABC News The World Today*, 28 July 2022.
14. Hammarberg, K. Thinking about freezing your eggs to have a baby later? Here are 3 numbers to help you decide. <https://theconversation.com/thinking-about-freezing-your-eggs-to-have-a-baby-later-here-are-3-numbers-to-help-you-decide-187845> *The Conversation*, 10 August 2022.
15. Hammarberg K, Torgler B, Chan F, Whyte S, We asked people why they don't donate their eggs or sperm. Their responses could help us attract more donors, <https://theconversation.com/we-asked-people-why-they-dont-donate-their-eggs-or-sperm-their-responses-could-help-us-attract-more-donors-193386> *The Conversation*, 21 November 2022.

### WEBINAR: BETTER POLICY FOR BETTER MENTAL HEALTH IN AUSTRALIA

This 60-minute webinar, a partnership between Monash University's [Better Governance and Policy](#) and [Global and Women's Health](#), explores the state of mental health in Australia and asks the questions: how can better policy promote better mental health in Australia? And can better mental health policy effectively reduce the prevalence of mental health-related illnesses in Australia? [Better Policy for Better Mental Health in Australia on Vimeo](#) .

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# PRESENTATIONS

## INVITED

1. Fisher J, Stanzel K, Thean P and Howell S. Early Parenting Centres: characteristics of women and infants who are admitted and preliminary indicators of impact. *Ramsay Hospital Research Foundation Invited Webinar Series*, 8 February 2022.
2. Fisher J. Burnout, compassion fatigue, and vicarious traumatisation: understanding and managing the psychological demands of obstetric practice *Royal Australian and New Zealand College of Obstetrics and Gynaecology Scientific Symposium Invited Panel Presentation*. Melbourne, 28 February 2022.
3. Fisher J, Tran H. What can be learnt from an intervention for early childhood development in a lower-middle income country? *Invited presentation to Harvard University Master of Public Health: Early Childhood Development in Global Contexts*. 9 March 2022.
4. Fisher J. Understanding the psychological needs of women caring for young children. *City of Port Phillip Maternal and Child Health Nurses Invited Professional Development Presentation*. Melbourne, 28 March 2022.
5. Fisher J. Skills of effective listening and maintaining boundaries for early parenting centre workers. *Masada Private Hospital Early Parenting Centre Invited Lunch and Learn*. 7 April 2022.
6. Fisher J. Our plant our (mental) health. *Monash Sustainable Development Institute, beyond blue and Monash University World Health Day Invited Webinar Presentation*. 7 April 2022.
7. Hammarberg K. IVF add-ons: Money well spent or money down the drain? *Reproduction in Society (virtual)*. 7 Apr 2022.
8. Fisher J. Public speaking and managing the media. *Who's Holding Your Ladder? Supporting Women in Healthcare, Research, And Leadership Invited Presentation*. Melbourne, 7 May 2022.
9. Fisher J. Early Journey of Life: plans for scale in collaboration with the Vietnam Ministry of Health and the General Confederation of Labour. *Scalability and sustainability of early childhood development interventions in low- and middle-income countries. Grand Challenges Canada Saving Brains Initiative Invited Workshop*. Leiden, The Netherlands, 13-17 June 2022.
10. Doma H. Understanding the relationship between social support and mental health of humanitarian migrants resettled in Australia. *Australian Institute of Family Studies conference*. Melbourne, 16 June 2022.
11. Fisher J. Burnout, vicarious traumatisation, compassion fatigue, workplace stress. *Monash Centre for Occupational and Environmental Health Short Course in Occupational Medicine Invited Guest Lecture*, 30 June 2022.
12. Hammarberg K. Outcomes of retrospective donor legislation introduced in Victoria in 2017. *Fertility Society of Australia Annual Scientific Meeting*. Sydney 30 July – 2 August 2022.
13. Hammarberg K. Elective oocyte cryopreservation: what do patients understand and what they need to understand. *Fertility Society of Australia Annual Scientific Meeting*. Sydney, 30 July – 2 August 2022.
14. Fisher J. Achieving equity in sexual and reproductive primary health care for women who are members of minority groups. *NHMRC Centre of Research Excellence in Sexual and Reproductive Health for Women in Primary Care, chief investigators strategic planning conference 'Working towards better health outcomes in women's sexual and reproductive health through primary care'*. Monash University Prato, Invited Participant. Italy, 26 August 2 September 2022.
15. Fisher J. Worldwide disparities in perinatal mental health problems: inequality or inequity. John Cox Oration. *Biennial Conference of the International Marcé Society for Perinatal Mental Health Invited Award Winner and Presenter*. London, UK, 21 September 2022.
16. Fisher J. Caring for caregivers: integration of maternal mental health and early childhood development programs. *World Health Organization and UNICEF Nurturing Care Framework Implementation Working Group Invited Webinar Presentation*. 28 September 2022.
17. Hammarberg K. Oocyte cryopreservation and women's information needs. *Multidisciplinary workshop: A Decade of Egg Freezing: Experiences, Ethics and Expectations*. Geneva, 4 October 2022.
18. Fisher J. Unconscious bias and its effect on healthcare. Monash University Medical Students Torque Global Health invited webinar presentation. Melbourne, 6 October 2022.
19. Fisher J. Addressing disparities in population mental health: insights from the Global South. *Future Health and Transformative Technologies Australian Academy of Health and Medical Sciences Annual Meeting invited presentation*. Melbourne, 13 October 2022.
20. Fisher J. Mental health problems experienced by women who are pregnant or have recently given birth worldwide. *Launch of the USAID and MOMENTUM Country and Global Leadership Perinatal Mental Health Theory of Change Webinar invited presentation*. 20 October 2022.
21. Fisher J. What are the most pressing mental health concerns in Australia currently and how might these be addressed? *Monash Better Governance and Policy Webinar, invited panel member*, 22 October 2022.
22. Fisher J. Women who are refugees: experiences of trauma and depression, and possible links to childhood development *Service for the Treatment and Rehabilitation of Torture and Trauma Survivors Annual Conference, invited keynote presentation*. 26 October 2022.
23. Fisher J Caring for caregivers: consideration of maternal mental health in early childhood development programs. *World Health Organization, UNICEF and Aga Khan Foundation Early Childhood Development Policy Makers Course invited closing session presentation*. 9 November 2022.
24. Fisher J. Screening for perinatal mental health problems. *NHMRC Translation Faculty Conference An equitable start to life: getting best practice into mother, infant and family care invited presentation*. 17 November 2022.

25. Fisher J and Tran H. Early Journey of life innovation and research application. *Generali Foundation and Human Safety Net Grantees Workshop invited presentation*. 17 November 2022.
26. Fisher J, Makleff S, Krishna R, Willems J, Varshney K. Co-design of a community survey: integrating diverse perspectives to meet local needs. *Fire to Flourish Research Invited Symposium*. 18 November 2022.

## CONFERENCES

1. Hammarberg K, de Silva R., Men's parenthood aspirations and understanding of factors that affect the chance of achieving them, *Australian Fatherhood Research Symposium 2022*, Melbourne, 5 May 2022.
2. Copp T, Thompson R, Hammarberg K, Doust J, Lensen S, Peate M, Lieberman D, Mol B, McCaffery K. Community awareness and use of anti-Mullerian hormone (AMH) testing in Australia: A population survey of women aged 18-55 years. *Preventing Overdiagnosis Conference*. Calgary, Canada, 9-12 June 2022.
3. Whittaker A, Moll T, Gerrits T, Hammarberg K, Manderson L, Mobilities of assisted reproduction staff across borders. *Reproductive Futures: Emergent Injustices, Hopes and Paradoxes*. Tampere, Finland, 15-17 June 2022.
4. Wessels C, Women's understanding of their personal chance of success with IVF. *European Society of Human Reproduction and Embryology Annual Meeting*. Milan, 3-6 July 2022.
5. Baccino G, Trigo A, Banks S, Toulemonde S, Hammarberg K, Wood K, Morgan J, Rodrigues M, Coutts A, Kavakas D, Grace B, Montgomery V, Oliveira A, Greenbank S, Maestro R, Mika C, Tranfield E, Dejewski J, Patient Care Guidance: A Unique tool for fertility clinics based on a patient-care system. *European Society of Human Reproduction and Embryology Annual Meeting*. Milan, 3-6 July 2022.
6. Copp T, Nickel B, Lensen S, Hammarberg K, Lieberman D, Doust J, Mol B, McCaffery K. Anti-Mullerian hormone (AMH) test information on Australian and New Zealand fertility clinic websites: A content analysis, *Fertility Society of Australia and New Zealand Annual Conference*. Sydney, July 2022.
7. Kneebone E, Beilby K, Hammarberg K. Surrogates' and intended parents' experiences of surrogacy: a systematic review, *Fertility Society of Australia and New Zealand Annual Conference*, Sydney, July 2022.
8. Makleff S. Lived experiences of abortion care in the context of the Covid-19 pandemic in Australia. *Children by Choice conference*. Oral presentation. 4 August 2022.
9. Fisher J, Krishna RN, Makleff S, Varshney K, Paschen J, Keating A, Wilkinson C, Disasters and disadvantage - mental health impact and community resilience, *Australian Disaster Resilience Conference*. Adelaide, 23-25 August 2022.
10. Copp T, Thompson R, Hammarberg K, Doust J, Lensen S, Peate M, Lieberman D, Mol B, McCaffery K, Community awareness and use of anti-Mullerian hormone (AMH) testing in Australia, *20th International Conference on Communication in Healthcare*. Glasgow, 6-9 September 2022.
11. Makleff S, Tran H, Tran TD, Nguyen H, Fisher J. Addressing violence against women and children through Early Childhood Development. *Sexual Violence Research Initiative (SVRI) Forum*. Paradisus Cancún, Mexico, 20 September 2022.
12. Fisher J, Gregoire A, Dennis C-L, Levine R, Chandra P, Chowdhary N, Honikman S. Working collaboratively for improvement and investment in perinatal mental health globally. *Biennial Conference of the International Marcé Society for Perinatal Mental Health Symposium*. London, UK, 21 September 2022.
13. Kalra H, Chandra P, Lumu L, Fisher J. Perinatal severe mental disorders experienced by women in low- and middle-income countries: needs for and local models of care. *Biennial Conference of the International Marcé Society for Perinatal Mental Health Symposium*. London, UK, 22 September 2022.
14. Dorney E, Hammarberg K, DeSilva R, Rodgers R, Black K. Online self-assessment tools to improve the delivery of preconception care in rural and remote populations, *5th European Conference on Preconception Health and Care*. London, 22-23 September 2022.
15. Stanzel K, Honda T, Fisher J. Impact of behavioural interventions for unsettled infant behaviours on maternal mental health. *International Association for Women's Mental Health Congress*, Maastricht, The Netherlands, 7 November 2022.
16. Fisher J, Tran T, Tran H, Makleff S, Nguyen H. Perinatal mental health promotion in low- and middle-income countries: are public policies or intervention programs the most effective approach? *International Association for Women's Mental Health Congress* Maastricht, The Netherlands, 9 November 2022.

## POSTER

1. Baek Y, Ademi Z, Fisher J, Tran T, Owen A. Equity in Economic Evaluations of EARLY Childhood Development Interventions in Low-and Middle-Income Countries: Scoping Review. *The Professional Society for Health Economics and Outcomes Research*, (virtual) 15-18 May 2022.
2. Makleff S. Abortion care during the Covid-19 pandemic: lived experiences in Australia. Poster. *International Federation of Abortion and Contraception Professionals conference*. 9-10 Sept 2022.

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# RESEARCH HIGHER DEGREES 2022

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## PHDS

### PHD COMPLETIONS

Shah R. Evaluation of outcomes and impacts of the national reproductive incentive scheme in India PhD. Enrolled through IITB – Monash Academy.

Main supervisor: Jane Fisher.

Co-supervisor: Guarev Sarthak.

Wong E. Following a consumer- driven healthcare policy from policy into practice - Safer Care Victoria PhD. Main supervisor: Felix Mavondo,

Co-supervisor: Jane Fisher.

Quin N. The prevalence and efficacy of perinatal sleep and circadian health interventions that aim to improve maternal mental health? Doctorate in Clinical Psychology.

Main supervisor: Bei Bei.

Co-supervisor: Jane Fisher, Liat Tikovsky.



### PHD CANDIDATES

#### Main Supervisor from Global and Women's Health unit

Weerasinghe M. Promoting the Sexual and Reproductive Health of Young People in South Asia.

Main supervisor: Jane Fisher.

Co-supervisors: Jayagowri Sastry, Shelly Makleff.

Mudunna C. Access to Mental Healthcare Among Young Sri Lankans.

Main supervisor: Jane Fisher.

Co-supervisors: Thach Tran, Josefina Antoniadis, Miyuru Chandradasa.

Davidson N. Health literacy as a determinant of equitable access to cervical screening for refugees in Victoria (commenced February 2020, in progress).

Main supervisor: Jane Fisher.

Co-supervisor: Karin Hammarberg.

Forbes F. The new role of fathers: The culturally and linguistically diverse family experience (Commenced March 2016, part-time in progress).

Main supervisor: Jane Fisher.

Co-supervisors: Karen Wynter, Berihun Zeleke.

Kalra H. Perinatal Mental Health of Women in India: Gaps and Challenges (Commenced July 2017, part-time external in progress).

Main supervisor: Jane Fisher.

Co-supervisors: Thach Tran, Prabha Chandra, Helen Sharp.

Kneebone E. Australian's experiences of surrogacy arrangements. Enrolled in the Department of Obstetrics and Gynaecology, School of Clinical Sciences (Commenced February 2020, in progress).

Main Supervisor: Kiri Beilby.

Co-supervisor: Karin Hammarberg.

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## HONOURS SUPERVISION

### Associate Supervisor from Global and Women's Health Unit

Baek Y. Cost-effectiveness of maternal and child nutrition interventions in developing countries (Commenced March 2020, in progress).

Main supervisor: Alice Owen.

Co-supervisors: Jane Fisher, Thach Tran, Zanfina Ademi.

Gang D. Restorative Justice Processes for Survivors of Sexual and Family Violence.

Main supervisor: Bebe Loff.

Co-Supervisor: Maggie Kirkman.

Guthridge M. Understanding Empath to Advance the CEDAW Principles of Equality and Non-Discrimination.

Main supervisor: Melita Giumarra.

Co-supervisors: Tania Penovic, Maggie Kirkman.

Hore-Lacy F. Physical and mental health consequences of silicosis associated with work in the stone benchtop industry (Commenced February 2021, in progress).

Main supervisor: Karen Walker-Bone.

Co-supervisors: Malcolm Sim, Jane Fisher, Deborah Glass.

### External Supervisor

Margaretha M. The development of a framework to promote student mental health in schools in Indonesia. February 2020, University of Melbourne Department of Paediatrics.

Main Supervisor: Susan Sawyer.

Co-supervisors: Peter Azzopardi, Jane Fisher.

### Main Supervisor from Global and Women's Health unit

Wickramasinghe S. What is the experience of accessing abortions in Australia? Bachelor of Biomedical Science Honours (March-October 2022). Supervisor: Shelly Makleff.

Wijaya P. Female genital cosmetic surgery: Perspectives of health and other professionals who work with women's bodies. Bachelor Medical Science Honours, December 2020.

Main supervisor: Maggie Kirkman.

### Associate Supervisor from Global and Women's Health unit

Wessles C. What do women undergoing IVF understand about their treatment? Enrolled in the Department of Obstetrics and Gynaecology, School of Clinical Sciences. Bachelor Medical Science Honours. Co-supervisor: Karin Hammarberg

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## SCHOLARLY INTENSIVE PLACEMENT STUDENTS

Forbes E. The correlation between the UN Gender Inequality Index and the prevalence of perinatal mental health problems worldwide.

Supervisor: Jane Fisher

Varughese A. A scoping review on the articles that report the prevalence of postpartum depression in the Asia region.

Supervisor: Shelly Makleff

Davis E. Father involvement in parenting interventions in low-and-middle income countries.

Supervisor: Shelly Makleff

Zhong B. Factors that promote resilience in vulnerable communities exposed to natural hazards.

Supervisor: Revathi Krishna

May A. Factors that promote resilience in vulnerable communities exposed to natural hazards.

Supervisor: Revathi Krishna

Seiffert J. Factors contributing to poor mental health in minority groups of women; secondary analysis of Jean Hailes 2020 survey of women's health.

Supervisor: Karin Hammarberg

Pham M. Health care providers' beliefs and needs about providing culturally competent menopause-related care. Supervisor: Karin Stanzel

Landolina P. Health and Wellbeing Survey Development post disaster.

Supervisor: Revathi Krishna

## NEW AND CONTINUING RESEARCH GRANTS 2022 LED BY GLOBAL AND WOMEN'S HEALTH

Fisher J, Tran TD, Nguyen T, Tran T, Tran H. Impact on men's attitudes and behaviours of a multi-component, gender-informed, father-inclusive intervention for early child development in Vietnam. World Bank Group and Sexual Violence Research Initiative **US\$99,904** (2020-2022)

Fisher J, Honda T. Review of perinatal mental health screening approaches. Victorian Department of Health and KPMG (Australia) **A\$65,799** (2022)

Tran T, Fisher J. COVID Survey Mental Health Data Report. VicHealth **A\$25,000** (2022)

Fisher J, Hammarberg K, Nguyen H. National Women's Health Survey 2022. Jean Hailes for Women's Health **A\$57,000** (2022)

Fisher J, Tran TD, Rowe H, Zeleke B, Herrman H. E, Rodrigues M. L, Shaikh A. & King I. Co-designed adaptation and evaluation of a structured program to prevent postnatal mental health problems for culturally and linguistically diverse families. VicHealth **A\$200,000** (2021-2023)

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