



THE UNIVERSITY OF
SYDNEY

The Out-and-About trial: Improving quality of life after stroke

– Feedback from audits of medical records for people with stroke across 22 teams, at baseline and 12-months follow-up –

Team K: (name of hospital included here)

Presented 9 February 2015 by Dr Annie McCluskey

PROJECT OVERVIEW

Title: The Out-and-About program to change the behaviour of community teams and increase outings by stroke survivors: A cluster-randomised trial

Research team: Dr Annie McCluskey, A/Professor Louise Ada, Dr Patrick J. Kelly, Professor Sandy Middleton, Dr Stephen Goodall, Professor Jeremy M. Grimshaw, Dr Pip Logan, Mr Mark Longworth.

Background: Australian clinical guidelines recommend that outdoor mobility is targeted to increase participation after stroke.

Aim: To investigate the efficacy of the Out-and-About program on both team and stroke survivor outing behaviour.

Method: In a cluster-randomised trial, 22 community teams providing rehabilitation to at least 10 stroke survivors and employing at least one occupational and one physiotherapist were recruited. Experimental teams received the Out-and-About program (audit feedback, a training workshop and booster session, printed materials, barrier identification). Experimental and control teams both received written clinical guidelines. The primary outcome was change in team behaviour after 12 months, defined as the percentage of audited stroke survivors receiving four or more escorted outings during therapy. Secondary

outcomes included change in observed stroke survivor behaviour, defined as the number and type of weekly outings after six months.

Results: Nine percent of audited experimental stroke survivors received four or more escorted outings during therapy compared with 5% of control stroke survivors (risk difference 4%, 95% CI -9 to 17, $p=0.54$). Only 1.1 (SD 0.9) escorted outings were delivered to audited experimental stroke survivors compared with 0.6 (SD 1.0) delivered to control stroke survivors (mean difference 0.5, 95% CI -0.4 to 1.4; $p=0.26$). On average, observed experimental stroke survivors took 9.0 (SD 3.0) outings per week compared with 7.4 (SD 4.0) taken by control stroke survivors (mean difference 0.5, 95% CI -1.8 to 2.8; $p = 0.63$).

Conclusions: The Out-and-About program did not change team or stroke survivor outing behaviour.

SUMMARY OF YOUR TEAM'S PERFORMANCE (name of the hospital provided here)

At baseline, your team was providing an average of 0.12 outings (i.e., travelling beyond the perimeter of the hospital or person's home) per stroke client, which was fewer than the average across all teams of 0.53 outings per client. Your team was then randomized to receive the Out-and-about intervention, which included a training session conducted by Dr Annie McCluskey. **At follow-up (12 months after training), your team was providing 3.00 outings per client, which was 25 times more than at baseline, and 3 times more than the average across all teams participating in the trial.** When considering the median, outings provided per client by your team increased from 0 outings at baseline, to 2 outings at follow-up. The number of outdoor practice sessions (i.e., sessions conducted outside, but within the confines of the hospital property) provided by your team also increased after training, from 0.88 at baseline to 2.53 at follow-up. Of all 22 teams participating in the Out-and-about trial, your team demonstrated the greatest change in outings from baseline to follow-up, and was providing the greatest number of outings per stroke client at follow-up.

Performance compared to all other teams:

		Baseline			Follow-up		
		Outings	Outdoor practice	Information	Outings	Outdoor practice	Information
Name of hospital	Mean	0.12	0.88	0.24	3.00	2.53	0.26
	SD	0.33	2.09	0.44	3.76	2.50	0.56
	Median	0	0	0	2	2	0
All teams	Mean	0.53	0.72	0.30	1.03	0.85	0.24
	SD	1.26	1.61	.68	1.94	1.86	.56
	Median	0	0	0	0	0	0

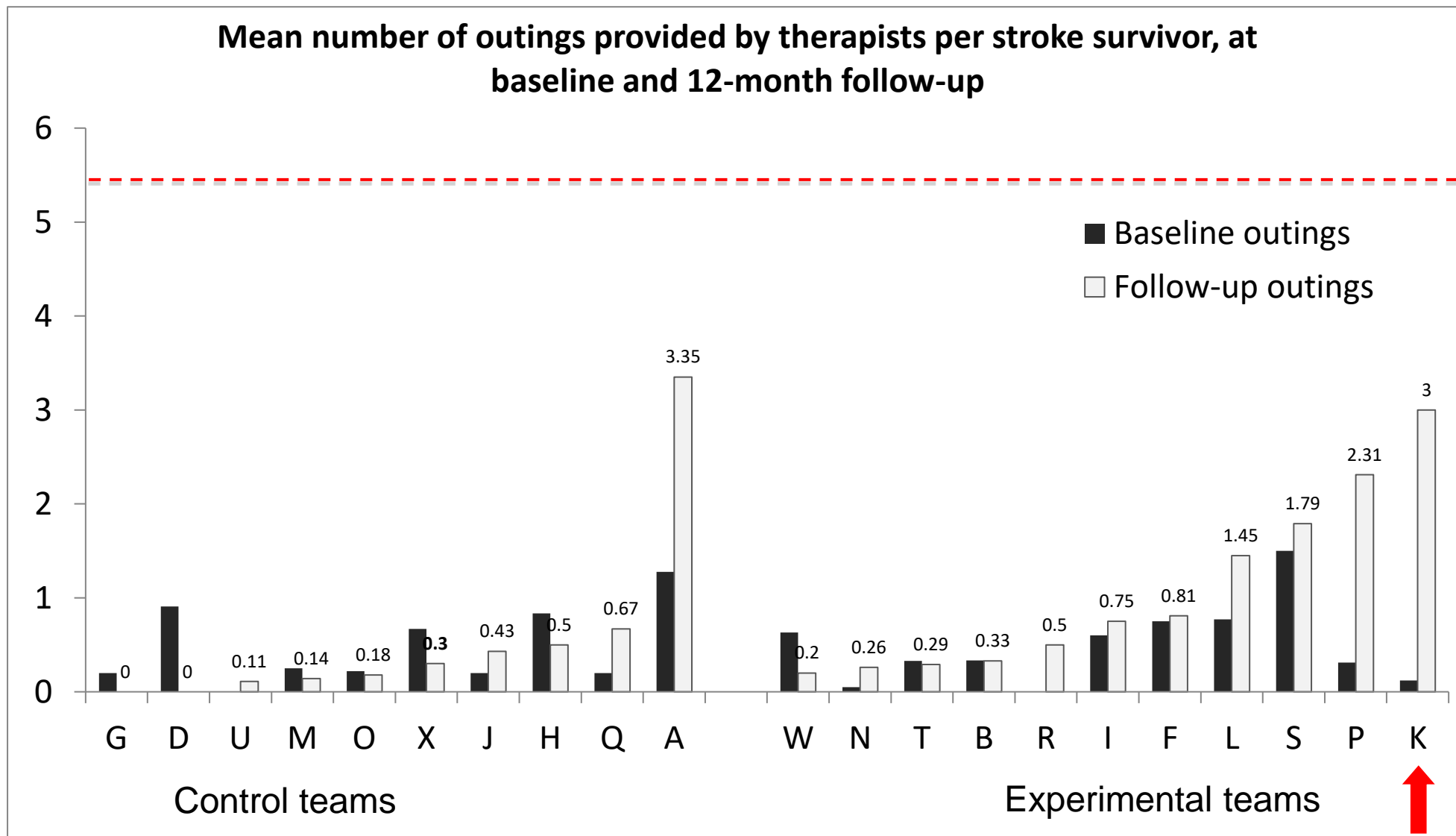
Performance compared to all other day program teams:

		Baseline			Follow-up		
		Outings	Outdoor practice	Information	Outings	Outdoor practice	Information
Name of hospital	Mean	0.12	0.88	0.24	3.00	2.53	0.26
	SD	0.33	2.09	0.44	3.76	2.50	0.56
	Median	0	0	0	2	2	0
Day program teams	Mean	0.27	0.85	0.26	1.07	0.84	0.24
	SD	0.84	1.73	0.63	2.12	1.75	0.53
	Median	0	0	0	0	0	0

Outings = An event whereby the patient and therapist travel outside of the front gate of the person's house or the perimeter of the hospital/rehab unit.

Outdoor practice = An event whereby the patient and therapist travel outdoors, but within the confines of the patient's home or the hospital/rehab unit grounds.

Information provision = An event whereby the therapist provides specific information (verbal or written) to a patient about modes of accessing the community (includes info provision about external rails, community transport services, mobility scooters and return to driving processes)



Outdoor-related sessions (outings, outdoor practice, and information) provided to stroke clients at baseline and follow-up, per team

		Outings		Outdoor Practice		Information	
		Baseline	Follow-up	Baseline	Follow-up	Baseline	Follow-up
All teams	Mean	0.53	1.03	0.72	0.85	0.30	0.24
	<i>SD</i>	1.26	1.94	1.61	1.86	.68	.56
	Median	0	0	0	0	0	0
Team A	Mean	1.35	3.35	1.24	2.25	.82	.65
	<i>SD</i>	2.12	2.41	1.89	2.63	1.19	1.14
	Median	1	4	0	1	0	0
	<i>Max</i>	7	7	6	9	4	4
	<i># files</i>	17	20	17	20	17	20
Team B	Mean	0.33	0.33	0.87	1.56	.47	.22
	<i>SD</i>	0.62	0.71	1.64	2.40	1.30	0.44
	Median	0	0	0	1	0	0
	<i>Max</i>	2	2	6	7	5	1
	<i># files</i>	15	9	15	9	15	9
Team D	Mean	0.91	0.00	0.18	0.00	.36	.00
	<i>SD</i>	1.38	0.00	0.40	0.00	0.92	0.00
	Median	0	0	0	0	0	0
	<i>Max</i>	4	0	1	0	3	0
	<i># files</i>	11	5	11	5	11	5
Team F	Mean	0.75	0.81	0.25	0.00	.13	.10
	<i>SD</i>	1.61	1.03	0.77	0.00	0.34	0.30
	Median	0	0	0	0	0	0
	<i>Max</i>	6	3	3	0	1	1
	<i># files</i>	16	21	16	21	16	21

		Outings		Outdoor Practice		Information	
		Baseline	Follow-up	Baseline	Follow-up	Baseline	Follow-up
Team G	Mean	0.20	0.00	0.93	0.15	.00	.23
	<i>SD</i>	<i>0.56</i>	<i>0.00</i>	<i>2.31</i>	<i>0.38</i>	<i>0.00</i>	<i>0.44</i>
	Median	0	0	0	0	0	0
	<i>Max</i>	2	0	9	1	0	1
	<i># files</i>	15	13	15	13	15	13
Team H	Mean	0.83	0.50	0.42	0.00	.08	.00
	<i>SD</i>	<i>1.34</i>	<i>0.58</i>	<i>0.67</i>	<i>0.00</i>	<i>0.29</i>	<i>0.00</i>
	Median	0	1	0	0	0	0
	<i>Max</i>	4	1	2	0	1	0
	<i># files</i>	12	4	12	4	12	4
Team I	Mean	0.56	0.75	0.06	0.25	.19	.38
	<i>SD</i>	<i>1.36</i>	<i>1.13</i>	<i>0.25</i>	<i>0.77</i>	<i>0.40</i>	<i>0.62</i>
	Median	0	0	0	0	0	0
	<i>Max</i>	4	4	1	3	1	2
	<i># files</i>	16	16	16	16	16	16
Team J	Mean	0.20	0.43	0.13	0.90	.07	.14
	<i>SD</i>	<i>0.56</i>	<i>0.51</i>	<i>0.35</i>	<i>1.26</i>	<i>0.26</i>	<i>0.36</i>
	Median	0	0	0	1	0	0
	<i>Max</i>	2	1	1	5	1	1
	<i># files</i>	15	21	15	21	15	21

		Outings		Outdoor Practice		Information	
		Baseline	Follow-up	Baseline	Follow-up	Baseline	Follow-up
Team K	Mean	0.12	3.00	0.88	2.53	.24	.26
	<i>SD</i>	<i>0.33</i>	<i>3.76</i>	<i>2.09</i>	<i>2.50</i>	<i>0.44</i>	<i>0.56</i>
	Median	0	2	0	2	0	0
	<i>Max</i>	<i>1</i>	<i>16</i>	<i>8</i>	<i>7</i>	<i>1</i>	<i>2</i>
	<i># files</i>	<i>17</i>	<i>19</i>	<i>17</i>	<i>19</i>	<i>17</i>	<i>19</i>
Team L	Mean	0.77	1.45	0.62	1.00	.31	.55
	<i>SD</i>	<i>1.17</i>	<i>2.62</i>	<i>1.04</i>	<i>1.18</i>	<i>0.48</i>	<i>0.52</i>
	Median	0	0	0	1	0	1
	<i>Max</i>	<i>3</i>	<i>8</i>	<i>3</i>	<i>3</i>	<i>1</i>	<i>1</i>
	<i># files</i>	<i>13</i>	<i>11</i>	<i>13</i>	<i>11</i>	<i>13</i>	<i>11</i>
Team M	Mean	0.22	0.14	2.67	0.14	.22	.00
	<i>SD</i>	<i>0.67</i>	<i>0.38</i>	<i>4.03</i>	<i>0.38</i>	<i>0.44</i>	<i>0.00</i>
	Median	0	0	0	0	0	0
	<i>Max</i>	<i>2</i>	<i>1</i>	<i>12</i>	<i>1</i>	<i>1</i>	<i>0</i>
	<i># files</i>	<i>9</i>	<i>7</i>	<i>9</i>	<i>7</i>	<i>9</i>	<i>7</i>
Team N	Mean	0.05	0.26	0.75	0.26	.20	.26
	<i>SD</i>	<i>0.22</i>	<i>0.54</i>	<i>1.97</i>	<i>0.75</i>	<i>0.41</i>	<i>0.62</i>
	Median	0	0	0	0	0	0
	<i>Max</i>	<i>1</i>	<i>2</i>	<i>8</i>	<i>3</i>	<i>1</i>	<i>2</i>
	<i># files</i>	<i>20</i>	<i>23</i>	<i>20</i>	<i>23</i>	<i>20</i>	<i>23</i>

		Outings		Outdoor Practice		Information	
		Baseline	Follow-up	Baseline	Follow-up	Baseline	Follow-up
Team O	Mean	0.22	0.18	0.11	0.00	.22	.00
	<i>SD</i>	<i>0.44</i>	<i>0.60</i>	<i>0.33</i>	<i>0.00</i>	<i>0.67</i>	<i>0.00</i>
	Median	0	0	0	0	0	0
	<i>Max</i>	<i>1</i>	<i>2</i>	<i>1</i>	<i>0</i>	<i>2</i>	<i>0</i>
	<i># files</i>	<i>9</i>	<i>11</i>	<i>9</i>	<i>11</i>	<i>9</i>	<i>11</i>
Team P	Mean	0.31	2.31	1.85	0.56	.15	.25
	<i>SD</i>	<i>1.11</i>	<i>2.70</i>	<i>2.03</i>	<i>1.26</i>	<i>0.38</i>	<i>0.58</i>
	Median	0	1	2	0	0	0
	<i>Max</i>	<i>4</i>	<i>9</i>	<i>6</i>	<i>5</i>	<i>1</i>	<i>2</i>
	<i># files</i>	<i>13</i>	<i>16</i>	<i>13</i>	<i>16</i>	<i>13</i>	<i>16</i>
Team Q	Mean	0.20	0.67	0.87	1.53	.60	.53
	<i>SD</i>	<i>0.77</i>	<i>0.82</i>	<i>0.92</i>	<i>2.33</i>	<i>0.74</i>	<i>0.74</i>
	Median	0	0	1	0	0	0
	<i>Max</i>	<i>3</i>	<i>2</i>	<i>3</i>	<i>8</i>	<i>2</i>	<i>2</i>
	<i># files</i>	<i>15</i>	<i>15</i>	<i>15</i>	<i>15</i>	<i>15</i>	<i>15</i>
Team R	Mean	0.00	0.50	0.00	0.38	.00	.00
	<i>SD</i>	<i>0.00</i>	<i>0.76</i>	<i>0.00</i>	<i>0.52</i>	<i>0.00</i>	<i>0.00</i>
	Median	0	0	0	0	0	0
	<i>Max</i>	<i>0</i>	<i>2</i>	<i>0</i>	<i>1</i>	<i>0</i>	<i>0</i>
	<i># files</i>	<i>6</i>	<i>8</i>	<i>6</i>	<i>8</i>	<i>6</i>	<i>8</i>

		Outings		Outdoor Practice		Information	
		Baseline	Follow-up	Baseline	Follow-up	Baseline	Follow-up
Team S	Mean	1.56	1.79	1.13	1.05	.25	.00
	<i>SD</i>	2.22	2.39	1.41	1.75	0.68	0.00
	Median	1	1	1	0	0	0
	<i>Max</i>	7	10	5	6	2	0
	<i># files</i>	16	19	16	19	16	19
Team T	Mean	0.33	0.29	0.33	0.14	.33	.00
	<i>SD</i>	0.52	0.76	0.52	0.38	0.52	0.00
	Median	0	0	0	0	0	0
	<i>Max</i>	1	2	1	1	1	0
	<i># files</i>	6	7	6	7	6	7
Team U	Mean	0.00	0.11	0.40	0.00	.40	.22
	<i>SD</i>	0.00	0.33	0.89	0.00	0.55	0.67
	Median	0	0	0	0	0	0
	<i>Max</i>	0	1	2	0	1	2
	<i># files</i>	5	9	5	9	5	9
Team V	Mean	0.71	No files	0.43	No files	.36	No files
	<i>SD</i>	1.82		0.76		0.50	
	Median	0		0		0	
	<i>Max</i>	5		2		1	
	<i># files</i>	14		14		14	

		Outings		Outdoor Practice		Information	
		Baseline	Follow-up	Baseline	Follow-up	Baseline	Follow-up
Team W	Mean	0.63	0.20	0.00	0.00	.88	.27
	<i>SD</i>	<i>1.77</i>	<i>0.77</i>	<i>0.00</i>	<i>0.00</i>	<i>1.46</i>	<i>0.46</i>
	Median	0	0	0	0	0	0
	<i>Max</i>	5	3	0	0	4	1
	<i># files</i>	8	15	8	15	8	15
Team X	Mean	0.67	0.30	1.00	3.20	.33	.30
	<i>SD</i>	<i>1.12</i>	<i>0.67</i>	<i>2.29</i>	<i>4.76</i>	<i>0.50</i>	<i>0.48</i>
	Median	0	0	0	0	0	0
	<i>Max</i>	3	2	7	11	1	1
	<i># files</i>	9	10	9	10	9	10

Duration, number of sessions, and latency of service provided to stroke survivors

Team	Therapy duration (days)		# PT/OT sessions		Days post-stroke to 1st contact		Days post-hospital d/c to 1st contact		
	Baseline	Follow up	Baseline	Follow up	Baseline	Follow up	Baseline	Followup	
All	Mean	108.9	89.3	14.0	18.7	84.4	77.5	33.7	38.7
	<i>SD</i>	144.7	89.5	16.7	18.9	90.7	72.7	46.5	50.4
	Median	64	64	9	12	56	57	15	20
	LQ	35	33	4	5	32	32	6	8
	UQ	118	118	17	24	104	95	41	52
A	Mean	43.1	61.9	8.0	15.3	39.3	71.0	5.7	7.1
	<i>SD</i>	27.2	24.8	5.4	8.7	41.6	40.2	2.6	4.6
	Median	39	70	6	13	20	63	6	6
	LQ	18	47	5	10	13	49	4	4
	UQ	63	76	11	21	54	81	7	8
B	Mean	97.7	166.6	7.0	17.0	82.1	101.6	32.5	86.0
	<i>SD</i>	57.1	134.9	8.2	15.0	37.3	109.3	35.6	96.0
	Median	126	133	5	11	78	65	18	52
	LQ	54	92	2	10	57	43	12	38
	UQ	133	193	7	20	104	86	48	52
D	Mean	84.9	22.0	6.5	2.2	127.3	47.0	42.0	33.8
	<i>SD</i>	97.9	35.3	6.0	2.2	110.8	37.2	30.0	21.9
	Median	66	7	4	1	119	36	30	27
	LQ	14	1	1	1	58	29	20	27
	UQ	112	17	12	2	131	60	75	54
F	Mean	78.6	55.9	21.6	22.5	64.0	77.8	13.6	38.0
	<i>SD</i>	75.3	39.0	20.9	16.6	55.9	77.9	18.4	53.2
	Median	67	35	16	18	53	46	6	13
	LQ	36	23	9	8	26	33	3	6
	UQ	84	84	25	40	69	85	11	40
G	Mean	53.2	135.7	14.9	39.1	91.6	123.1	13.9	19.0
	<i>SD</i>	46.2	88.7	11.7	25.5	89.2	98.0	15.9	23.8
	Median	31	160	11	36	61	99	7	6
	LQ	20	58	7	13	45	57	4	4
	UQ	91	211	23	55	109	161	19	29
H	Mean	207.3	140.5	12.8	15.3	113.4	95.8	74.6	47.7
	<i>SD</i>	292.5	174.6	17.0	19.6	82.1	68.6	69.8	28.1
	Median	105	85	6	8	89	76	47	34
	LQ	52	20	4	3	49	49	28	29
	UQ	252	261	16	28	178	143	102	80

Team	Therapy duration (days)		# PT/OT sessions		Days post-stroke to 1st contact		Days post-hospital d/c to 1st contact		
	Baseline	Follow up	Baseline	Follow up	Baseline	Follow up	Baseline	Followup	
I	Mean	107.8	125.7	7.8	12.3	72.3	66.9	24.5	48.5
	<i>SD</i>	99.7	102.8	10.5	10.7	58.5	61.0	16.4	37.9
	Median	92	109	3	9	58	57	27	40
	LQ	27	32	2	3	33	19	13	14
	UQ	164	185	11	21	89	86	34	68
J	Mean	72.6	72.8	10.4	15.4	119.5	56.7	42.4	35.8
	<i>SD</i>	22.4	47.5	5.3	7.1	149.7	46.8	45.2	40.5
	Median	76	49	11	14	99	47	26	20
	LQ	61	37	6	12	36	20	15	10
	UQ	85	100	14	19	137	63	35	39
K	Mean	122.8	98.9	29.8	42.3	59.9	89.8	24.2	22.1
	<i>SD</i>	115.3	56.6	25.7	17.7	53.5	120.7	31.4	23.6
	Median	84	105	17	37	50	34	14	10
	LQ	42	44	12	28	39	20	6	6
	UQ	143	133	44	61	57	84	25	34
L	Mean	80.2	99.5	11.1	9.6	54.2	39.0	25.5	16.8
	<i>SD</i>	67.4	44.1	9.0	6.7	56.7	39.7	59.6	21.9
	Median	67	85	8	8	40	24	7	10
	LQ	51	76	5	5	21	13	5	5
	UQ	97	130	16	12	58	41	14	17
M	Mean	359.1	151.0	39.9	19.1	139.9	86.7	92.8	43.6
	<i>SD</i>	359.2	130.8	49.4	19.7	82.9	51.4	94.1	31.4
	Median	139	139	14	12	110	78	73	42
	LQ	63	35	6	5	82	57	25	6
	UQ	637	196	81	23	217	84	122	68
N	Mean	54.2	64.6	8.8	9.1	67.9	90.1	33.5	65.2
	<i>SD</i>	61.3	56.4	9.0	7.0	37.1	70.0	24.6	51.7
	Median	39	56	6	8	59	74	26	68
	LQ	22	21	4	3	44	41	17	15
	UQ	58	104	11	13	84	106	46	102

Team	Therapy duration (days)		# PT/OT sessions		Days post-stroke to 1st contact		Days post-hospital d/c to 1st contact		
	Baseline	Follow up	Baseline	Follow up	Baseline	Follow up	Baseline	Followup	
O	Mean	91.3	74.9	8.4	4.6	43.8	50.7	24.8	26.7
	<i>SD</i>	73.4	38.3	7.5	4.9	31.3	27.8	28.1	14.3
	Median	61	85	6	3	39	43	8	24
	LQ	42	42	2	2	24	31	7	20
	UQ	147	90	14	6	49	62	46	35
P	Mean	51.8	48.6	20.2	47.2	85.8	77.1	59.8	38.3
	<i>SD</i>	24.0	16.3	12.3	19.1	59.6	88.8	71.5	86.2
	Median	57	51	20	51	67	44	25	13
	LQ	37	41	13	37	42	32	14	10
	UQ	69	58	24	63	106	76	72	21
Q	Mean	42.1	61.2	13.6	26.4	58.8	105.8	29.0	47.0
	<i>SD</i>	22.2	33.4	7.2	20.9	39.0	87.4	29.4	53.3
	Median	35	60	13	21	49	78	14	18
	LQ	26	39	8	8	28	55	7	7
	UQ	57	93	22	46	97	114	57	68
R	Mean	307.5	54.9	12.0	6.6	83.7	43.5	33.0	17.5
	<i>SD</i>	293.8	55.6	11.2	7.7	83.9	55.3	26.8	13.3
	Median	172	36	9	3	38	28	25	15
	LQ	81	16	4	2	30	14	18	8
	UQ	563	76	17	6	164	40	49	29
S	Mean	69.7	54.6	8.1	8.2	41.3	59.8	17.4	20.1
	<i>SD</i>	49.5	42.5	7.3	5.2	47.2	59.2	29.8	21.6
	Median	56	40	6	6	21	41	6	9
	LQ	39	22	4	4	14	14	2	5
	UQ	97	85	10	10	44	78	13	43
T	Mean	163.5	137.6	17.3	5.6	135.0	57.1	38.0	27.3
	<i>SD</i>	114.9	103.7	10.3	4.0	124.3	35.0	34.1	20.0
	Median	171	123	17	5	86	57	25	26
	LQ	69	35	10	2	31	24	17	9
	UQ	231	247	22	7	247	77	60	41

Team	Therapy duration (days)		# PT/OT sessions		Days post-stroke to 1st contact		Days post-hospital d/c to 1st contact		
	Baseline	Follow up	Baseline	Follow up	Baseline	Follow up	Baseline	Followup	
U	Mean	192.0	277.8	8.0	13.8	235.8	138.2	88.5	111.3
	<i>SD</i>	277.1	227.8	10.7	13.5	246.6	99.2	113.8	103.4
	Median	50	213	3	7	180	114	89	105
	LQ	7	129	2	4	15	97	8	13
	UQ	239	306	6	19	403	154	169	142
V	Mean	143.5	No files	14.8	No files	71.0	No files	32.9	No files
	<i>SD</i>	146.6		15.8		66.9		40.2	
	Median	82		6		43		16	
	LQ	31		3		28		5	
	UQ	246		25		88		43	
W	Mean	124.1	38.2	12.5	5.0	134.1	60.5	57.6	40.4
	<i>SD</i>	108.8	47.8	10.2	5.7	200.0	52.0	96.5	44.2
	Median	119	22	12	3	37	42	17	24
	LQ	25	1	3	1	16	16	14	10
	UQ	212	59	22	5	205	96	21	64
X	Mean	243.2	146.9	19.4	26.1	151.7	102.3	46.4	55.7
	<i>SD</i>	175.7	98.6	19.0	29.4	103.0	36.7	59.3	40.7
	Median	271	119	7	13	165	95	23	32
	LQ	75	85	6	3	91	78	0	28
	UQ	387	211	37	51	196	127	84	78

Patient stroke severity, at time of intake, for files audited (per team)

Team		mRS*		SSS**	
		Baseline	Follow up	Baseline	Follow up
All	Mean	2.5	2.4	52	53
	SD	0.8	1.0	3.9	3.4
	Median	3	3	52	53
	LQ	2	2	50	51
	UQ	3	3	54	55
B	Mean	3.0	3.2	49	49
	SD	0.8	0.8	6	5
	Median	3	3	47	48
	LQ	2	3	44	45
	UQ	4	4	55	53
D	Mean	2.4	2.0	54	53
	SD	0.5	0.8	3	2
	Median	2	2	55	53
	LQ	2	2	51	51
	UQ	3	3	55	55
F	Mean	2.8	2.6	50	53
	SD	0.9	0.7	5	4
	Median	3	3	51	54
	LQ	2	2	49	52
	UQ	3	3	53	55
G	Mean	2.1	2.9	54	50
	SD	1.0	0.3	2	2
	Median	2	3	54	50
	LQ	1	3	52	49
	UQ	3	3	55	52
H	Mean	3.1	2.5	49	52
	SD	0.9	0.6	6	1
	Median	3	3	52	52
	LQ	3	2	50	51
	UQ	3	3	52	52
I	Mean	2.3	2.4	52	52
	SD	0.8	0.8	4	4
	Median	2	2	52	53
	LQ	2	2	51	51
	UQ	3	3	52	55

Team		mRS*		SSS**	
		Baseline	Follow up	Baseline	Follow up
K	Mean	2.5	2.9	53	53
	SD	0.5	0.7	4	2
	Median	3	3	52	53
	LQ	2	3	52	52
	UQ	3	3	56	53
L	Mean	2.7	2.5	53	54
	SD	0.5	0.8	3	3
	Median	3	3	54	55
	LQ	2	2	51	52
	UQ	3	3	56	56
M	Mean	3.0	3.0	50	52
	SD	0.8	0.6	4	3
	Median	3	3	52	52
	LQ	2	3	47	49
	UQ	4	3	53	54
N	Mean	2.6	2.5	51	54
	SD	0.9	0.7	3	3
	Median	3	3	52	54
	LQ	2	2	50	52
	UQ	3	3	53	56
O	Mean	1.9	2.3	52	53
	SD	0.7	0.8	2	3
	Median	2	2	52	53
	LQ	1	2	50	50
	UQ	2	3	54	55
P	Mean	2.3	2.7	52	53
	SD	0.6	0.6	3	3
	Median	2	3	53	54
	LQ	2	2	50	52
	UQ	3	3	54	55
Q	Mean	Not available	2.7	Not available	53
	SD		0.6		2
	Median		3		52
	LQ		2		51
	UQ		3		54

Team		mRS*		SSS**	
		Baseline	Followup	Baseline	Followup
R	Mean	2.7	2.6	52	55
	SD	0.5	0.5	3	1
	Median	3	3	52	54
	LQ	2	2	52	54
	UQ	3	3	54	54
S	Mean	3.0	Not available	Not available	55
	SD	0			3
	Median	3			56
	LQ	3			52
	UQ	3			58
T	Mean	2.3	2.6	52	54
	SD	0.5	1.0	2	4
	Median	2	3	52	55
	LQ	2	2	51	50
	UQ	3	3	54	56
U	Mean	3.0	3.1	51	53
	SD	0	0.4	0	2
	Median	3	3	51	53
	LQ	3	3	51	52
	UQ	3	3	51	55
V	Mean	2.5	No files	51	No files
	SD	0.8		2	
	Median	2		51	
	LQ	2		50	
	UQ	3		52	
W	Mean	2.6	0.9	51	55
	SD	1.1	0.7	3	4
	Median	3	1	50	56
	LQ	2	0	49	50
	UQ	3	1	53	58
X	Mean	2.8	2.6	50	49
	SD	0.5	1.2	1	3
	Median	3	3	50	51
	LQ	3	2	50	49
	UQ	3	4	52	51

		mRS*		SSS**	
		Baseline	Followup	Baseline	Followup
A	Mean	2.3	2.6	55	53
	SD	0.8	0.9	2	3
	Median	2	3	56	54
	LQ	2	2	54	51
	UQ	3	3	57	56

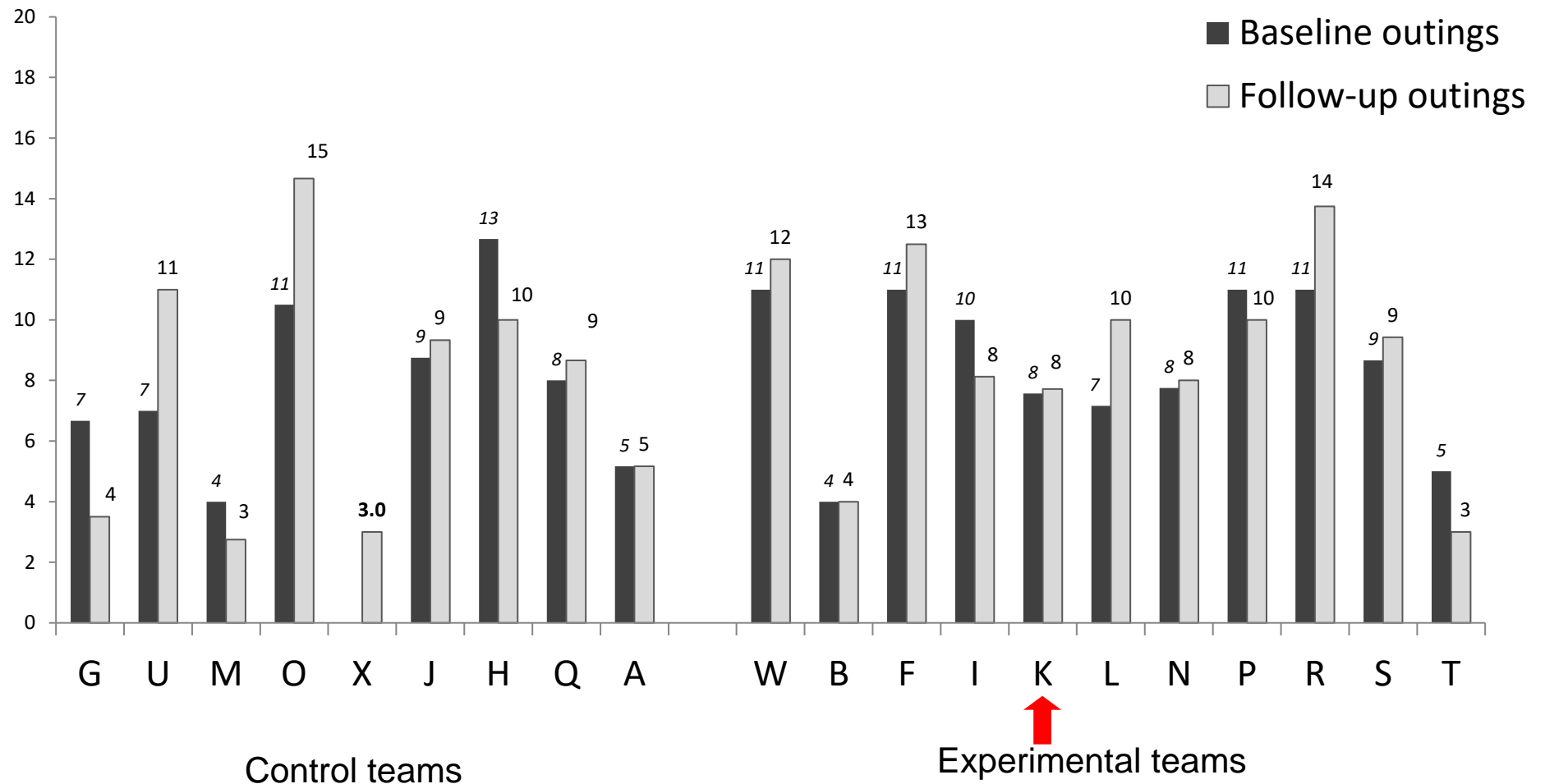
* = The **Modified Rankin Scale (MRS)** is a single item, global outcomes rating scale for patients post-stroke. It is used to categorize level of functional independence, ranging from 0 (no symptoms at all) to 6 (dead).

** = The **Scandinavian Stroke Scale (SSS)** is a categorical scale, where several endpoints for neurological performance (speech, gait, motor performance, etc) are rated on several multi-item subscales and focuses on the side of the body affected by stroke. These ratings are added and summarized as a total score ranging from 2 (most severe) to 58 (least severe).

Observed stroke clients: Community outing outcomes

Participating stroke survivors from each service were asked to record their daily outings in a diary over seven consecutive days, at baseline and again at six months post-admission to the trial. They were asked to record the number of outings taken each day, allowing for a total number of outings per week to be calculated for each participant. Results are presented for each team in the graph below:

Mean number of outings taken over 7 days by stroke survivors, at baseline and 6-month follow-up



Note: Nil participants from Team X (n = 3) provided a completed diary at baseline. Nil participants were recruited for Teams D and V, and are therefore not included.