



Supervision Logbook EXAMPLE 1 (DPsych Clinical)

Student Name: Joy Bloggs

Supervisor Name: Maggie Smith

Supervision Date: 14/01/2011

Type of Supervision: Individual/Group

Duration of Supervisor: 1 Hour

Issues brought to supervision for discussion:

Orientation and induction to placement setting

Brief record of content of discussions:

- Discussed nature of work on this unit (sub-acute)—predominantly based on rehab and some discharge planning.
- Was advised of weekly and daily meeting times.
- Discussed patient files, the role of psychologists within this setting and working within a multidisciplinary team.
- Discussed procedures for making and recording appointments with clients.
- Discussed the presenting issues that clients will typically have (substance abuse, mental illness including psychotic disorders, ABIs) and the assessment protocol.

Plan for follow-up activity, professional development and/or supervision:

Discuss and set placement goals, review assessment protocol, read more about schizophrenia

Supervisor's Comments and Feedback:

Joy is enthusiastic about starting her placement and I look forward to working with her

Supervisor Signature M. Smith Date: 14/01/2011

Student Signature J. Bloggs Date: 14/01/2011

Supervision Logbook EXAMPLE 2 (DPsych Clinical)

Student Name: Joy Bloggs

Supervisor Name: Maggie Smith

Supervision Date: 03/02/2011

Type of Supervision: Individual/Group

Duration of Supervisor: 1 Hour

Issues brought to supervision for discussion:

Strategies to assess client who was non-communicative in first session.

Feeling rather nervous still about seeing clients and knowing what to ask and how to ask it to get the relevant information.

Brief record of content of discussions:

Discussed case with Supervisor and ways of eliciting information from clients who are not communicative and/or severely depressed. Supervisor validated my feelings about the session and the way I handled it by administering a written questionnaire and asking open-ended questions. She emphasised the importance of therapeutic rapport and recommended an article for me to read over the next week. She also recommended Scott Miller's assessment tools, the ORS and SRS that are located on the website talkingcure.com and suggested that I use them with my current client.

We also discussed another client that I will see next week with a diagnosis of borderline personality disorder. I will be taking her on as a client as part of the DBT program and will also co-facilitate in the group skills training program—the new module 'emotion regulation' is starting in a few weeks. I admitted that I feel nervous about working with this client group and Supervisor explained the program which includes a great deal of structure and support for practitioners.

Plan for follow-up activity, professional development and/or supervision:

Read Therapeutic Rapport article, download assessment tools and read about administration and scoring, use ORS and SRS in next session with client and discuss in next supervision session.

Will read more about the DBT program and the emotion regulation module in the Skills Training Manual. Will make a time to meet with the co-facilitator of the module to plan our group sessions.

Supervisor's Comments and Feedback:

Joy is using supervision sessions effectively and is willing to apply new psychological knowledge and strategies immediately. Joy needs to build up her confidence in assessment as she often underestimates her abilities in this area. I will be monitoring her workload and ensuring that she has a good balance of direct client work and reflective opportunities

Supervisor Signature M Smith Date: 14/01/2011

Student Signature J Bloggs Date: 14/01/2011