SPORT AT MONASH
ANNUAL REPORT
2017
Table of Contents

4  Directors’ Remarks
6  2017 at a Glance
10 Awards and Achievements
16 Student Achievements
28 Social and Community Engagement
48 Built Spaces
52 Glossary
**Director’s Remarks**

The 2017 year was a very positive year for many of our student athletes and the capability of the University to engage with the broader student and staff cohorts on campuses, through a diverse range of service, activity, program, event and support mechanisms. This report aims to summarise key achievements and highlights throughout 2017, and to demonstrate that Sport at Monash plays a meaningful role in student engagement, student health and wellbeing and enhances many elements of the campus experience.

Significant growth and enhancements were achieved in Sport at Monash University in 2017. Overall operational visits increased by 11.4% when compared to 2016, and Monash University ranked second overall in the GO8 benchmarks for total visits (with approximately 1.2 million visits for the year) and second in the GO8 for the proportion of student visits at 67%.

Notably, Monash University was ranked first for the total number of memberships, program and activity enrolments; first for the total number of student athletes supported, and first for the total number of students employed* in roles such as swimming instructor, customer service officer, lifeguard, social sport umpire and fitness instructor. This highlighted the importance of students delivering services and programs directly to students, which has been a concerted strategy over recent years.

The 2017 EBI Student Survey results** were also compelling, with key findings indicating high levels of student satisfaction with the range and quality of programs & services, and customer service delivery and staff responsiveness within Sport at Monash. Furthermore, the results reinforced findings from recent years, which concluded that participation in sport and recreation initiatives had a positive effect on: student belonging, sense of community, transition to University life, ability to effectively manage time, meeting new people, interaction with students from different backgrounds, mental health, as well as building respect for, and acceptance by, other students.

The 2017 student Net Promotor Score from this survey was 91%. That represented the very high regard those students hold for the sport and recreation service provision at Monash University and their willingness to endorse the services. These findings consistently reiterated results from the previous four years.

Pleasingly, the 2017 EBI student survey results** also strongly indicated that students who participated in sports and recreation initiatives believed that this increased their time spent on campus and enhanced their overall campus experience. Finally, the results clearly indicated that students value the quality of Monash University’s sports and recreation service delivery in enhancing their learning experience and their academic performance. This highlighted the incredible value that sporting facilities and programs had in the overall student journey.

These results were supported by the University’s 2017 Pass Rate Metrics, which demonstrated a positive course progression rate score for students who enrolled in Monash Sport memberships when compared to the overall Monash student cohort***. Moreover, the same data indicated a positive result for student retention with students who enrolled in Monash Sport memberships, recording a 5.9% better student retention rate in 2017, than for the overall Monash University student cohort***.

In addition, the 2017 CSBA Mystery Shopping Program scored Monash Sport customer service highly with a total Service Delivery score of 95% and a Customer Service Index of 168/200. The continued focus on delivering high quality services and programs, commensurate with student and staff expectations, has been the foundation for the achievement of growth and performance highlights featured throughout this report.

As impressive as these findings are, they fail to adequately articulate the substantial positive impacts that Sport at Monash delivered for students and staff. The stories of approximately 1,500 domestic and international students learning how to swim for the first time in the award winning Water Wise program, and of staff improving their health and wellbeing in the sector-leading Staff Wellbeing and Activity Program (SWAP), which achieved 200 x 8-10 week exercise programs in 2017, are truly inspirational.

Student Engagement events continued to grow in number and popularity in 2017 with a number of successful events conducted, including The College Clash, The Campus Community Cup, Monash Games, Let It Glow, Footy Colours Day, SummerFest, Mega Swim and Monash In Motion, which was a collaborative event with Monash City Council. Highlights included over 8,000 people attending the Winter Carnival event in the sports precinct at Clayton campus, as part of the Universities WinterFest event, despite the cold August weather, and the Campus Community Cup Dragon Boat Race event in the Doug Ellis Swimming Pool, which attracted several hundred spectators amid much collegiality, and cheering as the participants competed. The continued focus has been on innovation.

Sports facilities on Monash campuses also hosted major University events such as: University Examinations, the University’s Careers Expo, 2017 WinterFest activities (such as formal dinners, movie events and student dance parties) and the Chancellor’s Distinguished Alumni Awards ceremonies. We are proud of our progress in developing effective partnerships and relationships with a range of University stakeholders, and the broad appeal of the services and partnering initiatives provided are captured in this report. In 2017 a new partnership event – The Festival of Colours - was delivered at the Clayton campus, in conjunction with Monash City Council. The event attracted over 5,000 participants including Monash University students and staff and members of the local community.

Facility enhancement projects included the redevelopment of the Recreation Hall Change Rooms at the Clayton campus and the continued improvement of indoor sport, outdoor sport, aquatics and fitness facilities across the Caulfield, Clayton and Peninsula campuses. The refurbishments of the café and service desk areas were also completed at Clayton campus and the resurfaced hockey pitch at Peninsula campus was commissioned. These are important enhancements, which were required to ensure the facilities are maintained as fit for purpose for the variety of University activities in the sports precincts on campuses.

We passionately believe that active bodies complement vibrant minds and endeavour to facilitate more student and staff participation in order to encourage our on-campus community to become more active, more often. We hope you enjoy reading this report, which highlights some of the key successes and achievements from what, was an innovative and successful year serving the University community.

**Brett Lavale**  
Director, Monash Sport

**Martin Doulton**  
Director, TeamMONASH

---

*Source: 2017 Centre of Environmental and Recreation Management GO8 Benchmarks for Australian University Sport, University of South Australia

**Source: 2017 Monash Sport EBI Student Survey, n = 778

***Source: 2017 Monash Sport Pass Rate & Retention Rate Metrics, Monash University Planning & Statistics, n = 3,551
Continuing from previous years, we offer a number of special memberships for excelling students, students of diverse backgrounds, and residential students.

Data compiled from Links as at 21st December, 2017. Data includes figures from 1 January - 21 December 2017.

$1,301,952 worth of Monash Sport discounts provided to students in 2017.*
The 2017 Student EBI Survey results this year provided exceptionally positive results, with the majority of our results being higher compared to 2016.

In summary, our customer service remains strong, with 90.3% students surveyed indicating an overall positive experience. Additionally, 86.4% are happy with the range of services we provide, and 89.2% are happy with the quality of services provided.

We are also proud to observe the consistently positive feedback from respondents regarding student and campus experience. In particular, 89.5% of survey results reported that taking advantage of Monash Sport services improved the respondents’ mental health, while 92.6% indicated improved overall wellbeing and happiness.

Furthermore, Sport at Monash recorded positive results for student retention with students who enrolled in Monash Sport memberships, recording a 5.9% better student retention rate in 2017, than for the overall Monash University student cohort*. This is consistent with our EBI survey results - where the majority of students observed higher efficiency and effectiveness in their studies, and overall academic performance.

*S=3,551, 2017 Monash Sport Pass Rate & Retention Rate Metrics, Monash University Planning & Statistics.
In 2017, Sport at Monash maintained excellent customer service. Our staff ran a number of programs and initiatives in order to constantly add value to the customer experience.

The results are shown in the articles below - student engagement continually increases, while customer service is consistently rated highly, compared amongst all departments within the University.
USBA Results Reveal High Student Engagement

The USA 2017 University Sport Business Analysis (USBA) has released its results for 2017, showing a number of growths areas at Monash Sport.

This year, the total number of memberships at Monash Sport increased by 37.18%, with the number of visits growing to over 1.2million. The proportion of student visits to total visits also grew by 9%, overall 17% higher than the Go8 median. This reflects positive results in our efforts to increase student engagement through a number of events such as MS MegaSwim, College Clash, and Winter Carnival, as well as core programs, such as Social Sport, Water Wise, and SWAP programs.

Sport at Monash Provides Exceptional Customer Service

Aiming to improve the student experience at every touchpoint, Monash University conducts a number of assessments on an annual basis, in order to identify areas for improvement. One such assessment is the Mystery Shopping measurement, in partnership with Customer Service Benchmarking Australia (CSBA).

During August to September 2017, CSBA assessors made 395 general calls and 155 email enquiries to all departments of Monash University. 70 of these calls were made to our Monash Sport service desks across Caulfield, Clayton, and Peninsula campuses, then assessed, measured and calculated using the CSBA Customer Service Index.

In line with the 2015 results, Monash Sport scored 168 (out of 200) in the CSBA Customer Service Index, maintaining our top Service Delivery rating score of 95. Our staff consistently displayed strong listening and probing skills, as well as excellent ability to address queries.

Sport at Monash is constantly striving for higher quality customer service. For example, at Monash Sport in 2017, 45 staff across all three sites participated in the Handling Difficult Interactions Workshop, aiming to provide staff with the tools to understand difficult behaviours, improve responses, and develop verbal and nonverbal communication skills.
**Conquering Compulsions Project**

In 2017, Monash Sport was involved in a research project conducted by the Brain and Mental Health Lab. We provided the research participants with access to our Fitness Centre, Group Fitness classes, and a 6-week standalone boxing program.

The program received positive results, with the 19 participants with mild-moderate compulsivity who completed the eight-week program reporting that they are continuing the lifestyle change, even post-program completion.

**Mental Health Referral Pilot Program**

In collaboration with Monash Medical Services, the Health and Fitness team offered a number of Monash Sport memberships to those who are suffering from anxiety or depression. This initiative aims to provide students who have a mental health condition to effectively manage their personal wellbeing. Despite being a pilot program, we received promising feedback from our partners at Monash Medical Services. The 2018 program is currently being prepared for launch, and we are currently looking at a long-term relationship with the team at Monash Medical Services.

**Staff Wellbeing Activity Program**

The Staff Wellbeing and Activity Program (SWAP) provides opportunities for staff to participate in a range of wellbeing activities. These activities are focused on four key wellbeing areas: physical activity, general health, mental health and nutrition.

Physical activity programs can be held locally within departments or at Monash Sport. The aim of these programs is to help improve staff wellbeing, productivity and morale through low-cost programs targeted at all ages and fitness levels.

**Water Wise**

As part of the Student Services and Amenities Fee (SSAF) funding dedicated by Monash University to student health and welfare services, current Monash University students are eligible for 100% funding to participate in the Water Wise, Introduction to Swimming Program (including Beginner Adult Learn to Swim and the Water Women program). The aim of the program is to increase the Water Safety and swimming ability of over 1,500 Monash University students.

**Social Sport**

Recognising the need for students to get out of the classroom and get involved in activities with friends, our Social Sport competitions created the opportunities for over 3,000 staff and students to compete in casual competitions at all levels each semester.

---

**Monash Sport Game Changer**

The ‘Monash Sport Game Changer’ award recognises staff who go above and beyond to demonstrate great customer service or outstanding teamwork using a peer nomination process. A monthly award panel determines the winner against specific criteria, reinforcing our culture and values. The Game Changer award was rebranded in 2017, with several criteria revised to strengthen the link between the award and our values. Below are the nominees for 16/17:

<table>
<thead>
<tr>
<th>Month</th>
<th>Nominees</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 16</td>
<td>Alicia Stack/Lisa Beasley</td>
</tr>
<tr>
<td>August 16</td>
<td>James Coughlin</td>
</tr>
<tr>
<td>September 16</td>
<td>Lina May</td>
</tr>
<tr>
<td>October 16</td>
<td>Alice Lieshout</td>
</tr>
<tr>
<td>November 16</td>
<td>Alice Lieshout, Ali Demirtas, Bec Carrie</td>
</tr>
<tr>
<td>Dec 16/Jan 17</td>
<td>Naz Karezi</td>
</tr>
<tr>
<td>February 17</td>
<td>Robyn Fowler</td>
</tr>
<tr>
<td>March 17/ April 17</td>
<td>Darren McLeod</td>
</tr>
<tr>
<td>May 17</td>
<td>Bri Horne</td>
</tr>
<tr>
<td>June 17</td>
<td>Holly Nicholson</td>
</tr>
</tbody>
</table>

**Annual Winner:** Ali Dermitas & Bec Carrie
We are proud to embrace students’ growth and development, and it is our joy to enable them to achieve great things.

While our Sports Clubs provide our students with a friendly, safe place to meet, they also offer leadership and volunteering opportunities. These experiences build our students’ skillsets and sense of belonging towards the community.
SUMMER UNIVERSIADE

Congratulations to the Australian Uniroos on a successful campaign at the 29th Summer Universiade, with the Uniroos winning 9 medals. Monash University had seven students compete at the Universiade with one gold medal winner!

ATHITHAN SELLADURAI (Badminton) – Competed in three events where he placed: 36th in the men’s doubles, 63rd in the men’s singles and 11th with the Australian mixed team.

RUBY NEAVE (Diving) – Finished 18th in the women’s 3 metre springboard and 20th in the women’s 1 metre springboard.

HEMING HU (Table Tennis) – Participated in four events where he placed: 65th in men’s singles, 33rd in men’s doubles, 17th with the Australian men’s team and 33rd in mixed doubles.

ROSSALEAN TO (Table Tennis) – Finished her campaign in 65th in the women’s singles and 17th with the Australian women’s team.

LEO HURLEY (Water Polo) – The men’s water polo team played Korea in the 11th/12th layoff and had a strong 18-3 win to finish 11th overall.

GEORGIA GRIFFITHS (Athletics) - Georgia crossed the line in fourth place before being given the bronze medal after the race winner was disqualified. However, after a three-day appeal the disqualification was reversed, meaning Georgia finished fourth.

AIMIE CLYDESDALE (Basketball) – The emerging Opals produced three stunning playoff matches to defeat USA, Chinese Taipei and Japan in the final to win their first gold medal in ten years.
2017 marked the inaugural year for the Monash Blues Women’s Football Team and the inclusion has delivered only positive results for the club, both on and off the field.

From the start of their first season on the field, the Women’s team showed strong promise - with three wins during grading sessions secured them a division one position; an impressive result for team that included many players who were new to the game. Wins throughout the season were rare, but the team played well together and is looking forward to the future.

Monash Blues Women’s Team Captain Grace Mills (pictured below with Monash Blues Men’s Team Captain Andrew Young) understands the importance of playing as a team, whether they win or not. Mills states, “you’re not playing for yourself, you’re playing for your teammates(...) “Wear the jumper with pride – win, lose or draw.”*

The introduction of a Women’s team has solidified the Sport at Monash University’s commitment to providing an even, diverse and all-inclusive, playing field for Monash University students.

The men’s team was very successful in 2017, making it to the Elimination Finals in Premier B Division 2017.

The Monash Dance Team (part of Monash University Cheerleading Club) won Australian Uni Games gold medals in both Jazz and Pom in September 2017, and won a bid to go to University World Championships in Poland this year. The team will be heading to Poland in September of 2018.

“As a team we all worked extremely hard to prepare for the Australian University Games, as we knew it would be the qualifying for University World Championships. Our team is unique in that, with the guidance of our coach, we consistently work as a family rather than just a sports team to achieve our best at every competition. We’re especially ecstatic to be the only university in the country to represent Australia for Jazz and Hip Hop in Poland this year!”

- Georgie Peake, Monash University Dance Team

*https://www.monash.edu/alumni/monash-life/not-all-about-the-game
MONASH UNIVERSITY KENDO CLUB

2017 was a year in which the Monash University Kendo Club developed, grew, and made great progress towards becoming one of the most important and formidable Kendo clubs in Victoria. On both occasions for grading exams (held bi-annually in March and September) members attained rare double grading results. The club was selected as the hosting club for the Victorian Kendo Championships (VKC). On top of this, eight members of the club were successfully selected for the Victorian Kendo Team traveling to Canberra for the Australian Kendo Championships (AKC), as well as having a member (the AUG coach, Trent Reeve) selected for the Australian national team traveling Seoul in South Korea for the World Kendo Championships (WKC).

These successes have continued into the first months of 2018. We have had 4 members be named in the Victorian Kendo Team, with Genevieve Borley named as the Women’s Kyu team captain.

TABLE TENNIS CLUB

Rossalean To, Monash University Table Tennis Club’s Vice President, has had a successful year in 2017. We have invited her to speak about her experiences representing Monash in various competitions in the past year.

“Being able to compete for Monash University in various competitions each year has been the highlight of my table tennis career. Each year, there are three important events in the Monash University Table Tennis Club calendar year; the Victorian University Games (VUG) held twice a year, the varsity challenge and the Australian University Games (AUG).

My favourite competition in 2017 was the Varsity Challenge for two very important reasons. Firstly, it was held at Monash University and as any athlete would say playing is the opportunity to play your best game. My friends who didn’t even play table tennis came to watch the competition and the crowd was fantastic. Secondly and probably the best part was showing the University of Melbourne who was best at table tennis!

My most memorable competition in 2017 was the World University Games held in Taiwan. I never imagined myself competing for Monash University at the World University Games. Without the support from Team Monash and my two faculties, I would not have had the opportunity to compete. Not only were they extremely generous with their financial sponsorship, I was also given special consideration for my assignments allowing me to focus on the games solely without worrying about sacrificing my academics for sport.

As a result of my outstanding performances in 2017, I have been awarded the Team Monash Blues Award. I will be receiving my award at the special dinner in March 2018. I enjoyed every moment of representing Monash in 2017 and look forward to competing for Monash again in 2018 as well as assisting to organise competitions as the Vice President of the Monash University Table Tennis Club.”

- Rossalean To, Vice President, Monash University Table Tennis Club
AIKIDO CLUB

Aikido is a modern Japanese martial art form with a rare emphasis for adaptability and teamwork in receiving and execution. Established in 1965, Monash Aikido has become a unique breeding ground, both in the context of Aikido in Victoria and martial arts in general. Students from Monash are beginning to develop a reputation for having some of the highest recruitments of women in training, as well as some of the highest quality in gradings.

As the core group of students increased, students from Monash Aikido have increasingly garnered a reputation for completing excellent gradings in Aikikai grading events. This reputation has been built both for the quality and variety in teaching experiences, as well as the dedicated nature of the students that the club attracts. Monash Aikido uniquely, has a large variety in students ranging from high school to undertaking PhD and masters. Additionally, it has some of the highest retention of women training in Aikido in Victoria. In fact, in the last year or so, women were the majority, rather than the minority in class. This is in reality, quite rare elsewhere. In actuality, it is more likely to find bigger, middle-aged men and women training in dojos. The retention may be due to several different factors. Diana, being short and stubby, is a welcome mentor and role model towards other shorter women.

All in all, Aikido at Monash is now an experimental breeding ground for increasing gender equality in martial arts as well as the quantity and quality of student gradings.

SOCCER CLUB

2017 was a successful year for Monash Uni Soccer Club on and off the pitch. With record numbers of players looking to join the club at the start of the year, it was tough to whittle it down to just 9 teams. On the Women’s side we were able to debut our seven-a-side team, making four Women’s teams for the first time in the club’s history. At the top of the club, both Men’s and Women’s Senior teams began their seasons strongly and looked set to challenge for promotion, before the inevitable university holiday period in the middle of the season. Both teams were able to come through this difficult period quite strongly however, but at the end of the season both just missed out on the top two and a chance at promotion in the final games of the season, both finishing in third place.

The Men’s Reserves on the other hand had the most successful season in the club’s history as they went undefeated for the first time ever to claim their second successive title. Hopefully this success can continue and be transferred to the rest of the club in 2018. The Women’s Reserves and Thirds both underwent a bit of a rebuild with new coaches and despite difficult starts, rallied to achieve respectable mid-table positions. On the Men’s side, the Under 23 side had a difficult season, finishing in the lower half of the table. However this was in part due to the promotion of a number of players to the successful Reserves side, which is a credit to the development of that group of players. The Men’s Thirds looked like they could challenge for the top two for a large part of their season, but unfortunately were unable to maintain the push at the back end of the season, while the Stallions once again achieved a strong mid-table finish in a difficult league.
2017 was a busy year for our participants, with...

1,524 Varsity Participants

4,355 Affiliated Sporting Club Members

3,148 Social Sport Games Played

2,300 Group Fitness Classes Conducted

1,086 Volunteers involved at our events

Data compiled internally as at 21st December, 2017. Data includes figures from 1 January - 21 December 2017.
Elite Athletes - 2017

Monash University is committed to helping its students combine academic success with sports or performing arts success through our Elite Student Performer Scheme (ESPS).

The University is a member of the national Elite Athlete Friendly University (EAFU) agreement developed in partnership with the Australian Sports Commission.

The EAFU program supports Australia’s elite athletes to achieve academic excellence while also pursuing a sporting career.

Fun Fact

The ESPS Program has assisted 905 students since its inception in 2004.

Breakdown of ESPS members by discipline - Top 12 Disciplines

- Athletics
- AFL
- Badminton
- Hockey
- Cheerleading
- Taekwondo
- Rowing
- Equestrian
- Swimming
- Cycling
- Netball
- Water Polo

Courses/Faculties of ESPS members

- 4% Art, Design & Architecture
- 10% Arts
- 23% Business and Economics
- 4% Education
- 11% Engineering
- 1% IT
- 6% Law
- 22% Medicine, Nursing and Health Sciences
- 18% Science

Benefits and Services
- Faculty support
- Complimentary Gym Membership
- Financial Support
- Elite Student Performer Grant
- International Travel Grant
- Networking and Personal Development Opportunities
- Information and Resources

Courses/Faculties of ESPS members 2017

n=204, 2017 Elite Student Performer Scheme
ROSSALEAN TO

Sport: Table Tennis (commenced at age 10)
Club: Monash University Table Tennis Club
Degree: Bachelor of Laws (Honours) / Bachelor of Commerce
Year of study in 2018: Third

Biggest achievement in 2017:
Participation in the 29th Universiade
How do you feel about the support you received from Monash University this year?
Monash University has been super generous and understanding with its support. So happy to be at a university that is willing to support its students in their extra-curricular endeavours.
Ultimate career goal:
Become the principal of my own firm

AIRA ABARRA

Sport: Powerlifting (commenced at age 19)
Club: Powerlifting Australia
Degree: Bachelor of Nursing and Midwifery
Year of study in 2018: Fourth

Biggest achievement in 2017:
National, Oceania and Commonwealth Bench press records
Biggest struggle in 2017:
Time management and energy conservation, balancing training, placement, uni work and my part time job.
Ultimate career goal:
Getting a perfect work/life balance; practising as a midwife
How do you feel about the support you received from Monash University this year?
I couldn’t ask for more. Its a reassuring safety net to fall back on when you overfill your plate

ANNA CHURCH

Sport: Cycling (commenced at age 10)
Club: Van D’am Racing
Degree: Bachelor of Journalism
Year of study in 2018: Fourth

Biggest achievement in 2017:
Podium in a race in Europe
Biggest struggle in 2017:
I was away competing so much, I struggled to regularly attend class
How do you feel about the support you received from Monash University this year?
Very helpful.
Ultimate career goal:
Go to the Olympics

MATTHEW DE VROET

Sport: Equestrian Eventing (commenced at age 6)
Club: Equestrian Australia
Degree: Medicine
Year of study in 2018: Fourth

Biggest achievement in 2017:
22nd place Melbourne International 3 Day Event
Biggest struggle in 2017:
Making sure I kept up with the learning as it was mostly self-directed
How do you feel about the support you received from Monash University this year?
It was beneficial to have Monash’s support, especially when I needed to miss a few classes/tests for my competitions.
Ultimate career goal:
I would like to balance being a successful doctor with reaching my equestrian ambitions
SOCIAL & COMMUNITY ENGAGEMENT

Enriching the student experience is one of our strategic directions for Sport at Monash.

In collaboration with other departments and organisations, we have organised a number of events and activities which engages our students, staff, and the community.

These events embrace cultural diversity, facilitating an inclusive and supporting environment, and are designed to enhance campus life.
SUMMERFEST

As part of the 2017 SummerFest, Sport at Monash was involved organising and hosting two major events - College Clash and Dive-in Movie.

COLLEGE CLASH

Hosting over 900 students on a night of fun activities, this has become a highly anticipated event on the Monash College calendar. The events included tug of war, skipping, a basketball shootout, bubble soccer, and more. The night ended with Howitt hall topping the scoreboard, claiming 2017’s title.

The highlight of the night was the Campus Community Cup, with a dragon boat tug of war in the Doug Ellis Swimming Pool. Over 200 students lined the swimming pool’s edges to support their representing team, equipped with banners and signs covered in their college or hall colours. Jackomos won the tournament and collected $1,000 in prize money towards their Hall fund.

DIVE-IN CINEMA

Over 70 members of the Monash Community entered the Doug Ellis Swimming Pool after hours to enjoy a night of floating fun, watching Finding Dory on the inflated movie screen as they chilled out in the pool. Free ice cream and beach chairs were provided, capping off the summer movie night vibes.

900 students from 20 Residential Halls and Non-Residential Colleges
The Rang Barse Festival of Colours, also known as the Holi Festival, was celebrated during the SummerFest period at Monash Sport’s football oval.

2017’s Holi Festival saw over 4000 members of the Monash community. A number of carnival rides, food, and market stalls were present. Of high popularity was the camel ride, which children particularly enjoyed.

People with different cultural, religious and national backgrounds were brought together to celebrate this Indian custom.

Participants received packets of coloured powder to throw on each other through the day. Musicians and dancers filled the afternoon with music and movement. Despite the smouldering heat, festival-goers continued to dance and enjoy the festival offerings right up until closing time.

A number of VIP guests were also invited to this event, including Hon Steve Dimopoulos MP representing the Premier and the Minister of Cultural Affairs, Cr. James, Stuart - Deputy Mayor City of Monash, Dr. Mimmie Watts - Commissioner VM. The guests thanked the efforts of the organising committee, as well as the contributions of City of Monash, VMC and Monash University.

Our annual Monash 24-hour MS Mega Swim kicked off at 10am on the 7th of October.

This year, we gathered 152 swimmers in 11 different teams. Participants consisted of University students and staff, as well as those who came from the broader community. They swam continuously for 24 hours, and raised over $18,000 to support those living with multiple sclerosis.

By the end of the 24 hours, our participants experienced pain, fatigue, impaired coordination - similar to the symptoms of the disease. With a growing number of teams and many repeat participants, the event has created a deeper understanding and increased support of multiple sclerosis amongst the broader community.

The event ended on a high note. All teams felt extremely proud of themselves, and despite the overwhelming fatigue, their cheer could be heard throughout Doug Ellis Swimming Pool. Overall, not only did this year’s MS MegaSwim raise over $18,000 - it also raised awareness, understanding, and encouraged action in the community.
In August 2017, the inaugural Monash College Games brought together over 950 students from all Monash Residential Services’ Halls and all non-residential colleges.

Held over the course of one evening, a series of short competitions were held for all residential and non-residential colleges. A total of ten sports were on offer for colleges to register in, with each sport including a round robin competition with finals.

The focus of the Monash College Games was for students to have fun with their peers, try new sports, and to don their College or Hall’s colours in support of their friends.

The winning colleges for each of these sports were awarded a trophy which will be engraved with their college’s name, and allowed to be kept by the winning colleges until next year’s Monash College Games. Students also enjoyed the Sumo Salad and pizza offerings in-between matches.

Over 200 Monash University staff members across all Victorian campuses had the opportunity to participate in the Monash Staff Games across two days in July.

Competitions included mixed netball, indoor soccer, volleyball, and more. Indoor cricket was also featured for the first time, with teams consisting of both experienced cricketers and those playing the game for the first time.

Competitions ran in sessions during the day, giving time for members to complete their projects for the day while enjoying sport with their peers. During lunch breaks, staff members enjoyed a healthy Sumo Salad offering.

The Monash Staff Games provided our staff members with a much needed break from their desks, a morale boost, and a valuable opportunity to bond with their colleagues.
DEADLIFT WORKSHOPS

At Monash Sport, our staff is committed to assisting our members in optimising their health and fitness progress. With the rise in popularity of deadlift exercises, the team at the Clayton campus decided to held their very first series of technique workshops.

The course was designed to cater towards beginners, teaching our members the proper form and technique, as well as some common errors often seen with this exercise. Over the course of three days, Health and Fitness Instructor Martin held several classes, all of which received overwhelmingly positive feedback.

While the sessions were a success, the limited class sizes did prevent many members from being able to partake in these workshops. However, given the popularity and demand, we will be looking to run another set of workshops in the future.

88% of students surveyed are satisfied with our organised programs and activities*

FOOTY FEST & AFL FOOTY TIPPING
IN COLLABORATION WITH SECE

In collaboration with SECE, the 2017 Footy Fest was organised with several objectives in mind: to introduce our extremely diverse student cohort to the upcoming football seasons, to promote our very own Monash University Football Clubs, and to launch our Monash University AFL Footy Tipping competition.

Over 480 students participated in the event across all three of our campuses. Activities include vertical jump, handball competition, soccer joggling competition, and more.

Following the Footy Fest, we launched the Monash University AFL Tipping Competition. Being a quintessential sport to Australians, footy tipping is tied to the lifestyle of AFL fans. The university-wide competition allowed students and staff to tip against each other.

As all staff and students were able to participate, we encouraged leagues for college groups, faculty groups, staff groups, and friendship groups. Winners received win a 50 inch TV, an annual Monash Sport membership, Fit Bits, and more.

*n=778, November 2017 EBI Survey.
SOCIAL SPORT

Quintessential to our participation programs are the Social Sport competitions. Run across all three campuses - Caulfield, Clayton, and Peninsula, students can register their teams to compete in a number of sports, including indoor soccer, netball, badminton, and basketball.

Our court spaces can be reconfigured to suit a variety of sports. This allows us to adapt to the demand for any sport at a given time.

The program offers students and staff a wide variety of opportunities to participate in friendly competitions at all levels. Many of the students who participate in Social Sport also feature in the Varsity Sport competitions, also highlighted in this report.

Bringing together the best indoor soccer and mixed netball teams from all of our Social Sport competitions, the Champions League is a night-long competition in order to determine the Social Sport Champion team of Monash.

A mix of over 100 students, staff and community members participated in the competition, competing in indoor soccer and mixed netball.

3,148
Social Sport games were played in 2017*

560
Social Sport teams played across 40 competitions*

Stats compiled from internal source, 2017.
With the Australian University Games being replaced by the National University Championships, more than just a gold medal was on offer, with a place in the NUC division 1 given to all teams who finish in the top 8.

Monash enjoyed a very successful AUG campaign. We sent a team of 548 to compete in the multi-sport event, with teams competing in everything from judo to football. Monash was always competitive.

Monash had 5 teams take out the gold medal: cheerleading, men’s badminton, taekwondo, mixed netball and men’s squash.

64% of our teams finished in the top 4.

Monash also had 36 athletes receive a Green and Gold Medal, which is given to the best players during the competition.

The 2017 Varsity Challenge went down to the wire. Monash had a point to prove after narrowly going down in 2016, the drive to regain our rightful trophy was clear to see.

Monash started off strong with a convincing win in the cricket. Olympian table tennis player and Monash’s very own Heming Hu competed in the Varsity challenge, helping Monash to take out the Men’s table tennis. Monash’s table tennis squad was littered with high-class players, including Rossa To who will be competing for Australia at the World University Games later this year. Monash’s men’s soccer team looked for revenge over a quality Melbourne side who beat them in the gold medal match in Perth.

Overall, the 2017 Varsity Challenge was a nail biter. With Melbourne staging a late and dramatic comeback on the final day of competition, Monash held its nerve to bring home the overall trophy 8 wins to 7.
For the second consecutive year, Monash Council and Monash University became the ‘City in Motion’ for Australia, jointly hosting a major community-sporting event from 14 September to 8 October 2017.

GLOBAL WALK/RUN DAY
The day promoted a healthy lifestyle with participants given the choice to either walk or run around the campus, with all partakers enjoying a free healthy meal after.

MEGA SWIM
The annual Mega Swim event was part of Monash in Motion’s series of events. Over 150 participants in 11 teams swam continuously for 24 hours, raising $18,000 to support those living with multiple sclerosis.

WATER WISE
23 Monash University students who had never before swum in moving water, were part of the Monash in Motion Water Wise session. Under the tutelage of swimming experts, life-saving Victoria and City of Monash lifeguards, the students familiarised themselves with the water and how to tackle waves in the ocean.

CELEBRATION FUNCTION
Monash in Motion was a categorical success, and what better way to celebrate it than with a function highlighting what was achieved and thanking all those who made it possible. The night involved food, laughs and a lot of thank you’s.
INDIGENOUS GAMES

Indigenous Games gives those with indigenous heritage an opportunity to compete in a multi-sport event with other indigenous students. The event included netball, basketball, volleyball and touch rugby.

The 2017 Indigenous University Games presents an opportunity for indigenous students from across Australia to come together and compete in a variety in sports.

An event which encompasses more than sport, however, there is a real focus around connecting with those from the same cultural background.

Team Organiser Robyn Oxley said, “the Indigenous University Games... enables a connection from the Yulendj Indigenous Engagement Unit with broader Universities around Australia.”

“It is an opportunity for Indigenous students to network with other Indigenous University students and staff while showcasing some of our sporting and social talents.”

“The Indigenous University Games is an inclusive event that captures the Indigenous cohort and being able to represent Yulendj and Monash University is an absolute privilege that will be preserved for many generations of Yulendj indigenous students, to come.”

The team had a successful campaign, making the grand final of the volleyball tournament before going down to a strong Western Sydney 30-22. Monash finished the Games in 9th overall, meaning they improved on last-years results which was their aim before the tournament began.

PURPLE RIBBON DAY

Purple ribbon day is traditionally celebrated on the Wednesday of Australian University Games; this year it was the 27th of September.

The day recognises and supports one of our own softballer Alysha Waye. In 2015 she was diagnosed with Brain Cancer. We wear purple ribbons to raise awareness for the battle that she’s going through.

We raised $1000 for Brain Cancer and more importantly raised awareness and supported Alysha. In addition to $500 at the Chancellor’s Golf Day with the Harris Charity hole.

$1,000 raised for brain cancer research
With a total of 668 participants, we had 550 register for the Melbourne Marathon, 56 register for the Mother’s Day Classic, 23 for Run for the Kids and 17 for Around the Bay events. In addition, we partnered with the Emer Casey Fun Run to put on a great community fitness event, raising $42,209 for Ovarian Cancer.

Monash was recognised for its contribution to the Around the Bay event, receiving the ‘Largest University Team’ award for the 14th consecutive year.

This year, Team MONASH supported 9 community fitness events:

- Around the Bay – 17 registrants
- Blackmores Sydney Running Festival
- Carmans Womens Fun Run
- Emer Casey Fun Run – 3 registrants
- Mothers Day Classic – 56 registrants
- MS Cycle – 19 registrants
- Melbourne Marathon – 78 registrants
- Ride Daylesford
- Run for the Kids – 23 registrants

We had a total of 196 Team MONASH participants registering with us for these events, including Monash students, staff, alumni, family/friends and community members. Four of the above events were UniHub events (a collaboration with other Victorian Universities). At these events we had a shared UniHub marquee with shared services for all participating universities.

93% agreed that they feel a strong sense of pride in their connection to and representation of Monash University.
In 2017, sporting facilities at Monash University underwent a major rebrand in order to refresh our image. Paramount to this project was ensuring that our philosophy of being a centre that welcomes diversity was shown across all of our communication mediums.
A number of other refurbishments we’ve completed over the past year included:

- Group Fitness Studio refurbishment
- Frearson Oval Resurfacing
- Hockey Pitch Resurfacing (Peninsula)
- Main Service Desk refurbishment
- Seminar Room refurbishment
- Toilets (Opposite Seminar Room) refurbishment
- Recreation Hall Changerooms refurbishment
- Café Seating Area refurbishment
- Café (tenancy) refurbishment
- CCTV Digital Camera Upgrade
- Fencing Studio Roof Replacement
- Aquatic Foyer Re-tiling.
- Fitness Assessment Room refurbishment
- New fitness training equipment to all 3 sites.
GLOSSARY

AUG - Australian University Games
Founded in 1993, the AUG supports over 9,000 university level participants across 30 sports; both individual and team based. It is Australia’s largest annual multi-sport event and is held every September/October.

CCD
Campus Community Division

CEME
Campus Experience and Major Events

CSBA - Customer Service Benchmarking Australia
Measuring and identifying key touch points in the customer journey. CSBA assists organisations in delivery quality customer experiences.

EBI Survey
Pre-built surveys aimed at judging overall satisfaction on a range of user-determined areas and deliverables.
Source: http://skyfactor.com/program-assessment-how-it-works/

ESPS - Elite Students Performer Scheme
Monash University provides students with the ability to combine their academic success with sports of performing arts excellence through the ESPS. A range of support services and benefits are provided to those students who are performing to an elite level in their sport or discipline.
Source: https://www.monash.edu/teammonash/talented-student-support/elite-scheme

Game Changer Award
An internal award system that recognises exceptional performance from Staff going above and beyond their normal role expectations. Recipients of this award have been nominated by their colleagues, based on the below criteria:
- Demonstrates innovation
- Demonstrates and shares expertise
- Outstanding responsiveness
- Acts with a high level of integrity
Source: https://sites.google.com/a/monash.edu/sport-intranet/game-changer

LINKS
Leisure centre management tool enabling POS, self-service kiosks and reporting tools.
Source: http://linksmodularsolutions.com/

Term: ‘Sport at Monash’
When using the terminology ‘Sport at Monash’ we refer to TeamMONASH & Monash Sport, and recognise the considerable contribution that Monash University makes in this space.

SECE
Student Engagement and Campus Experience

USBA - University Sport Business Analysis
Range of indicators of operational performance for university sport facilities, allowing for standards and benchmarking across the industry.

Notes
Active Bodies, Vibrant Minds