Doctor of Physiotherapy

Qualify as one of the most in-demand health professions in just three years, with our new graduate-entry Doctor of Physiotherapy.

As a physiotherapist, you have the opportunity to make a big impact on someone’s life. Whether you’re part of a transplant recipient’s first steps with a new set of lungs or helping an athlete get back on the field after an injury, it’s a highly rewarding job.

The Doctor of Physiotherapy provides you with the knowledge, skills and clinical experience to start your career as a physiotherapist. Based at our Peninsula campus, you’ll become part of a growing specialist precinct for allied health and primary care education and research.

A physiotherapist in training from day one

Get hands-on experience and exposure to the clinical environment from the start of your degree. We offer early work-integrated learning, where you’ll see physiotherapists in action, take part in simulation activities and practice your new skills in our physiotherapy practice labs and rehabilitation gym on campus.

You’ll also have opportunities to learn collaborative practice alongside students from other areas of health, preparing you to provide the best possible patient care.

Practical experience at Victoria’s leading hospitals and health services

We partner with some of the state’s major healthcare providers to give you access to high-quality clinical training. Our placements take place in a range of facilities from hospitals to rehabilitation centres to private practice. Your placement could take you to the Alfred, Australasia’s largest trauma centre, community rehabilitation with Peninsula Health, or even with a rural healthcare service.

Creating future healthcare leaders

At Monash, we’re not just educating tomorrow’s physiotherapists, but preparing the next generation of leaders in health. You’ll complete your own research project, under the guidance of one of our physiotherapy experts and have the opportunity to make a difference to physiotherapy practice and services.

With training in leadership, advocacy and education as part of your degree, you’ll be prepared for a wide range of potential career pathways.

Course structure

<table>
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<tr>
<th>Year 1</th>
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<tr>
<td>• Build on your existing knowledge of anatomy, physiology and biostatistics and apply them in a physiotherapy context.</td>
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<tr>
<td>• Be introduced to biomechanics, kinesiology, pathology, pharmacology, psychology and sociology.</td>
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<td>• Complete units in musculoskeletal, neurological and cardiorespiratory physiotherapy, led by clinical and research experts.</td>
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<td>• Participate in a program offering simulation and work integrated learning, providing you early insights into your future physiotherapy career.</td>
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<th>Years 2 and 3</th>
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<tr>
<td>• Start your clinical education placements in a diverse range of settings.</td>
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<tr>
<td>• Develop your knowledge and practical experience in delivering physiotherapy services under the supervision of experienced physiotherapists.</td>
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<tr>
<td>• Learn and apply research, business, leadership and advocacy skills, preparing you for the multiple physiotherapy career pathways available.</td>
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Did you know that physiotherapists can practice in many specialised areas?

- **Cardiorespiratory**
  Provide healthcare services to people with heart or lung problems, including patients in intensive care or following surgery, as well as maintenance of cardiovascular fitness.

- **Education**
  Teach undergraduate and graduate students of physiotherapy and related disciplines.

- **Gerontology**
  Provide healthcare to older people, from maintaining fitness to maximizing physical ability.

- **Health and wellbeing**
  Design, deliver and promote of age-specific activities for individuals or groups to build strength, fitness and wellness in the community and prevent functional decline.

- **Management**
  Manage healthcare facilities, allied health services and coordinate other aspects of the healthcare system.

- **Musculoskeletal**
  Deliver healthcare in sports physiotherapy, spinal physiotherapy, exercise prescription and rehabilitation following surgery.

- **Neurology**
  Provide services to people with neurological conditions such as stroke, spinal cord injury, Parkinson’s disease and multiple sclerosis.

- **Occupational health**
  Strategic management of risks of injury in the workplace and provide healthcare services for injured workers.

- **Paediatrics**
  Give physiotherapy services to babies, children, adolescents and their families.

- **Research**
  Advance fundamental knowledge and healthcare practices.

- **Sports and exercise**
  Work with athletes and sporting teams (from amateur to elite) to help maintain their peak performance, or return to sport after injury.

- **Women’s health**
  Promote the wellbeing of women across the lifespan, including before and after childbirth and strategies for managing pelvic floor health.

Course themes

Our Doctor of Physiotherapy curriculum is underpinned by four major themes, which are integrated throughout the course:

- **Personal and professional development**
  Develop the personal attributes and related skills to assist you in the transition to becoming a physiotherapist. This includes communication and interprofessional collaboration skills and ethics and legal issues.

- **Population, society and health**
  Consider the broader cultural, society and population issues that impact on health and health care delivery. Dedicated studies in leadership, business, education and advocacy support this theme.

- **Applied practice**
  Gain the clinical competencies integral to physiotherapy practice. This focuses on incorporating the best available research evidence with the clinical reasoning skills of assessment, management and evaluation of patients within a range of environments and the delivery of appropriate healthcare.

- **Research**
  Build the knowledge and skills that are required to independently collect, interpret and critically evaluate research issues relevant to physiotherapy practice.

Accreditation

Full accreditation by the Physiotherapy Board of Australia is expected in 2023, when the first cohort of Doctor of Physiotherapy students complete our program, in-line with the Australian Physiotherapy Council accreditation guidelines.

Visit [monash.edu/medicine/dpt](http://monash.edu/medicine/dpt) to keep up-to-date on the accreditation process.

Career opportunities

With a Monash degree in physiotherapy, you can pursue a range of exciting careers. Physiotherapists are experts in movement, function and physical health. As a physiotherapist, you can work independently, and as part of a team of health professionals.

Our three-year doctoral qualification is also your passport to a global career, with opportunities to register to practice internationally.

Whether you want to work in a major city or a rural town, physiotherapists have the flexibility to work in a diverse range of settings, including:

- Public and private hospitals
- Sports medicine clinics
- Private practices
- Aged care
- Community health
- Rehabilitation centres
- Sports medicine clinics
- Private practices
- Aged care
- Community health
- Rehabilitation centres

There are also roles for physiotherapists in health promotion, education, management and research.
Entry requirements
Selection is based on your previous academic achievement in your prior qualification. You need to have completed an Australian undergraduate degree (or equivalent) in a relevant area of study* within the last 10 years with at least a 70% distinction average.

Already registered as a physiotherapist in Australia? Unfortunately, you will not be eligible to enter this course.

* Relevant areas of study to include human anatomy AND human physiology AND biostatistics.

English language requirements
If you’re an international student, you’ll need to meet our English language requirements by gaining the required result in one of the following tests:

- A minimum overall IELTS score of 7.0 with no individual band less than 6.5
- A TOEFL minimum test score of; 587 with a Test of Written English (TWE) score of at least 4.5
- An overall score of at least 94 with at least 24 in writing, and no less than 20 in listening and speaking in the internet-based TEFOL

How do I apply?
Whether you’re a domestic or an international student, you can apply directly to Monash University: monash.edu/admissions/apply/online

Future student enquiries
Australian citizens, permanent residents and New Zealand citizens
T 1800 MONASH (1800 666 274)
E future@monash.edu
monash.edu/study/contact

International students
T 1800 181 838 (Australia freecall) or +61 3 9903 4788 (outside Australia)
E study@monash
Wechat: MonashUniAus

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