DISCOVER THE SCIENCE BEHIND FOOD AND NUTRITION

There’s never been a better time to understand how food and nutrition can help us live healthier lives and prevent disease.

As a nutrition science student, you’ll examine the broad scope of food in our society and gain an understanding of nutritional and biomedical science from specialists in dietary intake and metabolism, public health nutrition, food sustainability, sports nutrition and much more.

Your theoretical knowledge will be enriched with hands-on training and practical study at our innovative Be Active Sleep Eat (BASE) facility, equipped with an industrial kitchen, sleep lab and body composition suite.

In the Bachelor of Nutrition Science you will:

■ Develop an in-depth understanding of nutrition, health and disease.
■ Train in our BASE kitchen and laboratories.
■ Gain professional experience with work placement opportunities in the food industry or a public health setting.
■ Build your research skills and have opportunities to apply them to real research projects in human nutrition.

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Course code
M2001
CRICOS code: 075117M

Study mode
On-campus (Clayton)

Intakes
First semester: February

Durations
Full time: 3 years

“...I was drawn to the specialised nature of the course – all of the units are specific to nutrition and we are exposed to a plethora of fields in the discipline. I like that we benefit from smaller class sizes and I am constantly inspired by the teaching staff, who all come from a range of diverse nutrition backgrounds.”

Charlotte Barber
Bachelor of Nutrition Science student

To find out more what you’ll study, visit monash.edu/study/course/m2001
PRACTICAL EXPERIENCE

As part of your degree, you’ll have the opportunity to get hands-on industry or research experience.

You’ll conduct nutrition-focused laboratory practicals inside our new Biomedical Learning and Teaching Building. You’ll also visit childcare centres to study infant nutrition or conduct a food sustainability audit.

In your third year, you’ll put your research skills into practice and work on a real-world nutrition research project, paired with one of our expert supervisors. You also have the opportunity to apply to undertake an 11-week placement in the food industry or public health sector with one of our placement partners.

SCHOLARS PROGRAM

High achieving students may be eligible for the Bachelor of Nutrition Science Scholars Program. This program will guarantee entry and open the door to the Master of Dietetics, where graduates are eligible to become members of Dietitians Australia (DA).

CAREER OPPORTUNITIES

Studying a Bachelor of Nutrition Science can lead to a range of rewarding careers, including:

- Nutrition adviser
- Food technologist
- Product development coordinator
- Applications technologist
- Health promotion officer
- Food safety officer
- Nutrition researcher
- Dietitian (further study required)

Our degree is also the only course in Australia accredited with the UK Association for Nutrition (AIN), allowing graduates to register as an Associate Nutritionist in the UK.

FURTHER STUDY

Nutrition science graduates may be eligible for accelerated entry into the Master of Dietetics and complete the course in just 18 months.

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