

Turner Institute for Brain and Mental Health

School of Psychological Sciences
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The **Child, Youth & Family Clinic** at the Turner Institute for Brain and Mental Health offers a range of psychological services to support mental health in young people and their parents.

What do we do?

We see school-aged children and adolescents who are experiencing depression or anxiety, behavioural problems, interpersonal difficulties, attention deficit hyperactivity disorder (ADHD), or are refusing to attend school, and offer support to their parents.

We help children and adolescents to cope with challenges at school and at home that might relate to the effects of trauma, bullying, or family conflict, for example.

We also work with parents who want some help to support their child's emotions or social needs, or manage their child's behaviour.

We use research-informed treatment approaches and can work with individuals, the young person and their parent in parallel, or with families, depending on the treatment goals.

Who would you see?

We are staffed by experienced clinical psychologists, clinical psychology registrars, and provisional psychologists enrolled in postgraduate clinical training at Monash University.

How do I make an appointment?

A referral from a GP or Paediatrician is required. Once we have received your referral, one of our clinicians will call to see how we might help you.

Please note that we cannot provide services outside of regular business hours or reports for medico-legal purposes.

Appointments are offered in-person or via telehealth.

How much does it cost?

Low cost sessions are available with provisional psychologists. Our provisional psychologists are in their 6th year of psychology training and provide high quality, evidenced based treatments under the supervision of experienced clinical psychologists.

Medicare rebates may apply to some sessions with registered psychologists (including clinical psychologists). A Mental Health Care Plan is required to claim Medicare rebates for eligible sessions.

We look forward to working with you.



Dr Katherine Lawrence

Clinical Psychologist & Associate Professor
Lead, Child, Youth & Family Clinic



Dr Erin McKay

Clinical Psychology Registrar
Intake Coordinator, Child, Youth & Family Clinic

Child, Youth & Family Clinic Fees



Fee schedule			
Type of session	Clinical Psychologist	General Psychologist	Provisional Psychologist
Initial session (child and parent)			
Child session	\$179.65	\$139.65	\$60
Family session			
Parent session	\$181.65	\$139.65	\$60
Parallel parent and child session	\$211.65	\$169.65	-

Concession Fee

Concession card holders are eligible for a fee reduction (\$30) for sessions with provisional psychologists.

Mental Health Care Plan

Sessions with clinical psychologists and clinical psychology registrars may be eligible for a Medicare rebate with a mental health care plan under the Better Access scheme. This scheme allows a Medicare rebate to be claimed for up to 10 sessions per calendar year (Clinical psychologist \$131.65 rebate; General psychologist \$89.65 rebate). For sessions where a rebate has been claimed there will be a \$50 out of pocket cost.

Medicare rebates for parent sessions

As of 1st March 2023 Medicare rebates may be claimed for up to two parent sessions with a clinical psychologist or general psychologist for children with a mental health care plan. Please note that these sessions will count towards the child's rebated sessions.

Financial hardship

If you are experiencing financial hardship you may be eligible for a reduced fee or bulk billing. Challenging financial circumstances can be discussed with the intake clinician.