

How do informal carers support culturally diverse older adults' care transitions? A storyboard co-design methodology



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Background

- Co-design has not been applied to address the education needs of culturally diverse informal carers and older adults undergoing care transitions.
- Transitional care is a patient's transition from hospital to home including discharge and follow-up in the community⁶.



Aim

To describe co-design approach used to develop storyboards supporting educational resources about transitional care for carers and older adults from Australian Greek, Italian, Mandarin, and Cantonese background.



Methods

- Using co-design, qualitative data were gathered during workshops and interviews with carers and staff from three multicultural community-aged care organisations in Victoria, NSW, and WA respectively.
- Content analysis was used to develop storyboards. The storyboards were presented back to participants for review.
- A Carer Advisory Group, comprising carers, community and inpatient providers provided feedback about the storyboards.
- Interpreters supported data collection.



Conclusion

The storyboards supported the development of educational videos and booklets. These resources will be disseminated online and evaluated in 2025.

References

6. Coleman EA, Parry C, Chalmers S, Min S-j. The Care Transitions Intervention: Results of a Randomized Controlled Trial. *Archives of Internal Medicine*. 2006;166(17):1822-8.

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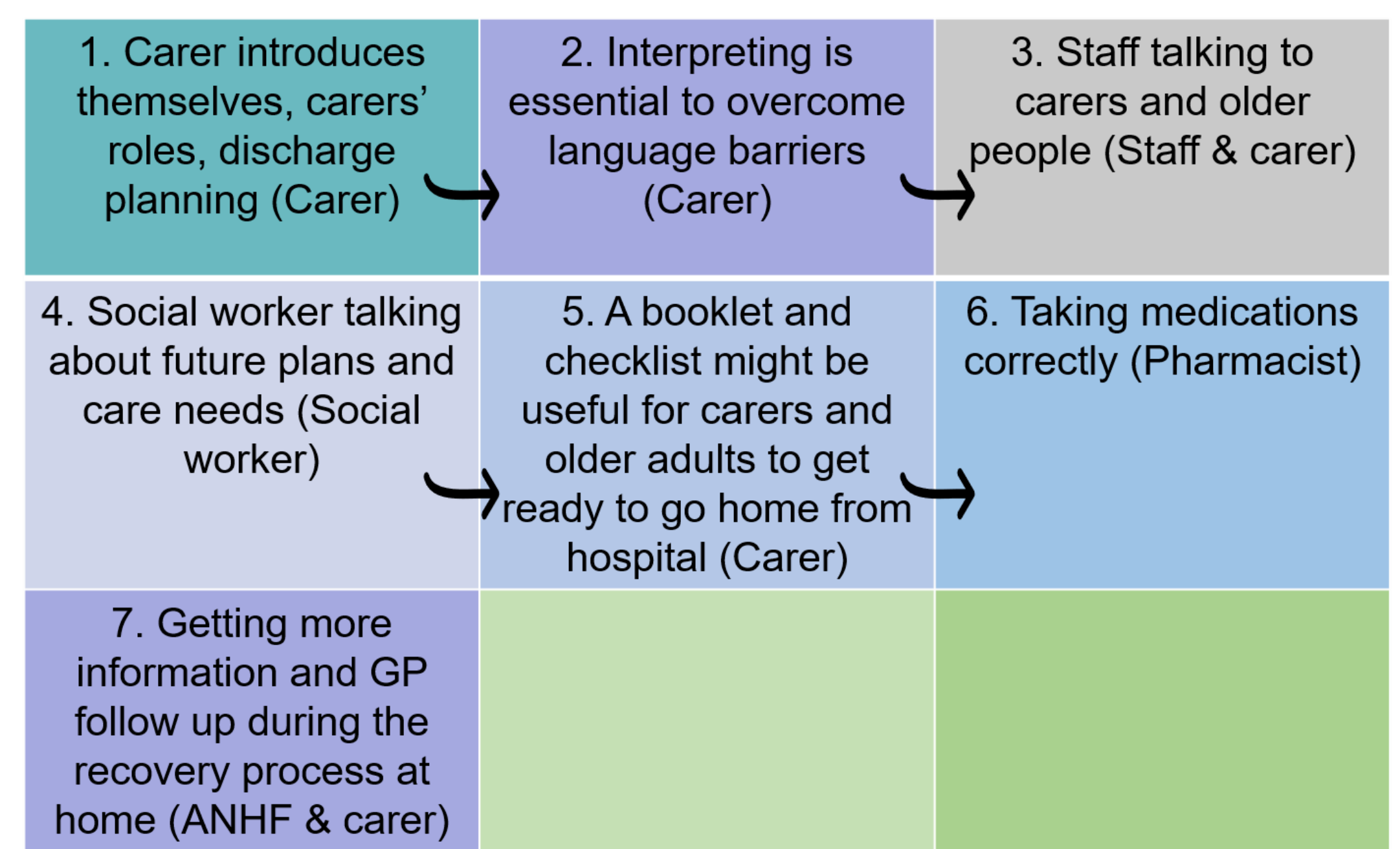


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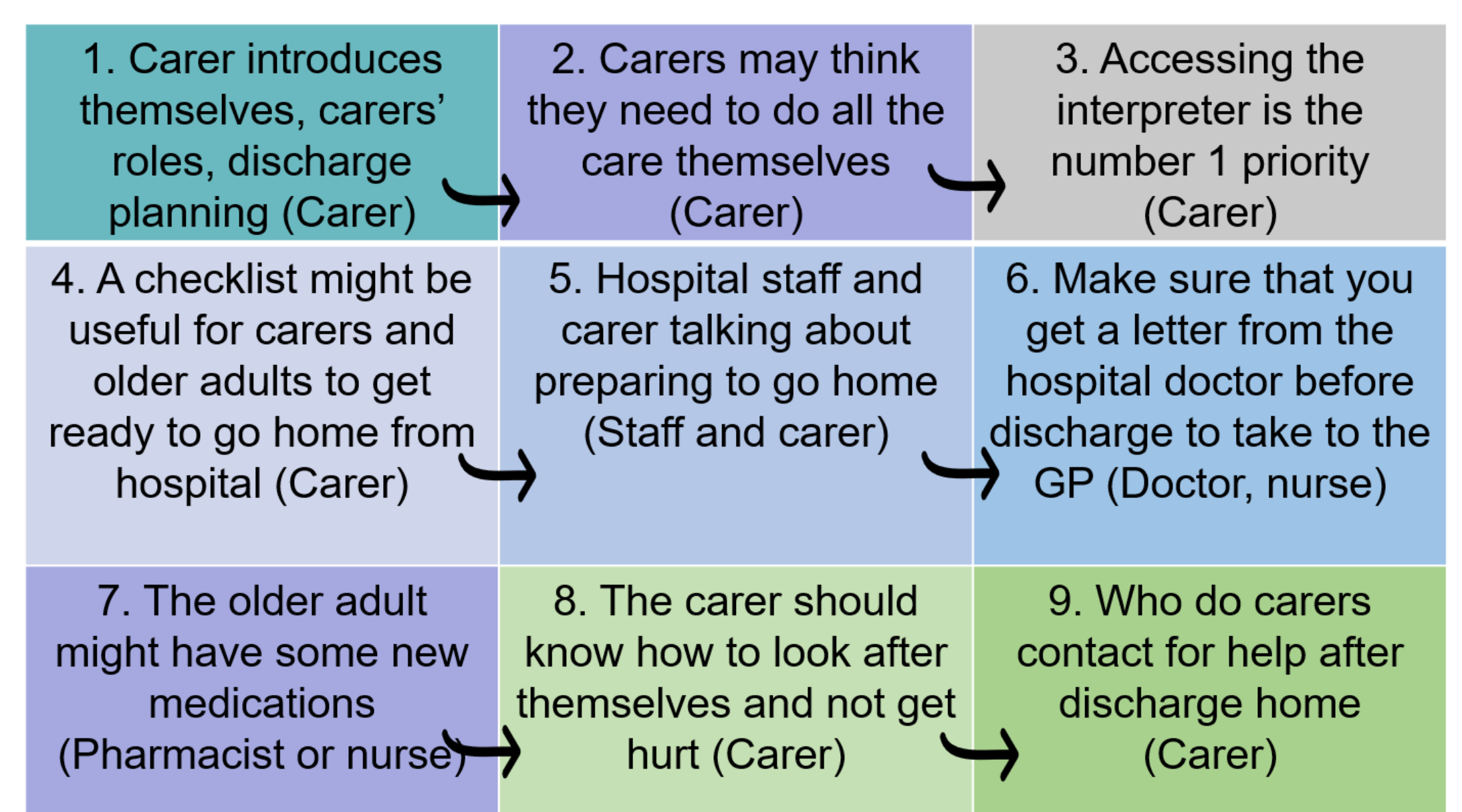
Results

Storyboards highlighted key advice and tips for carers and older adults to guide the development of resources supporting transitional care.

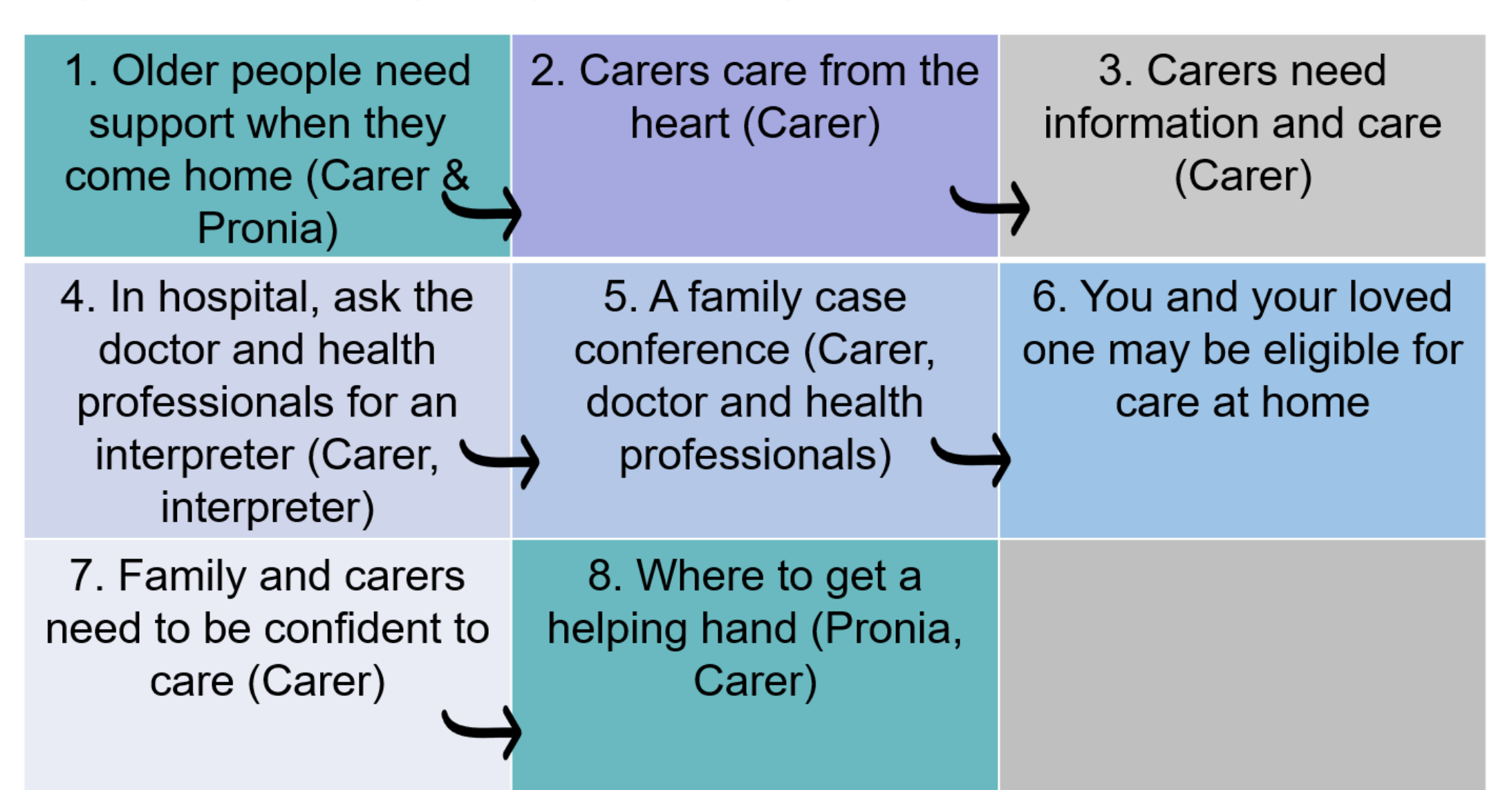
MANDARIN STORYBOARD



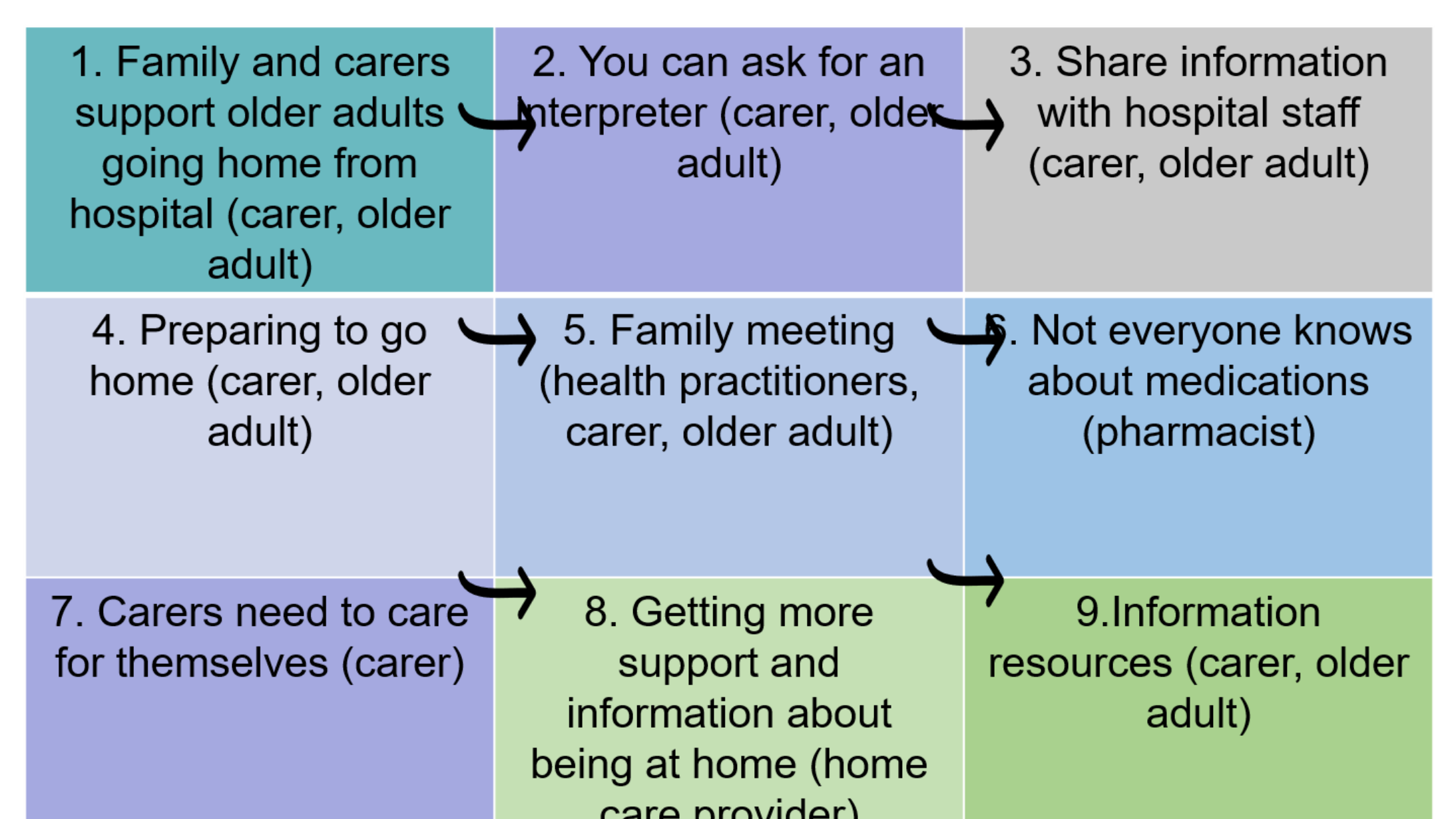
CANTONESE STORYBOARD



GREEK STORYBOARD



ITALIAN STORYBOARD



Acknowledgements

