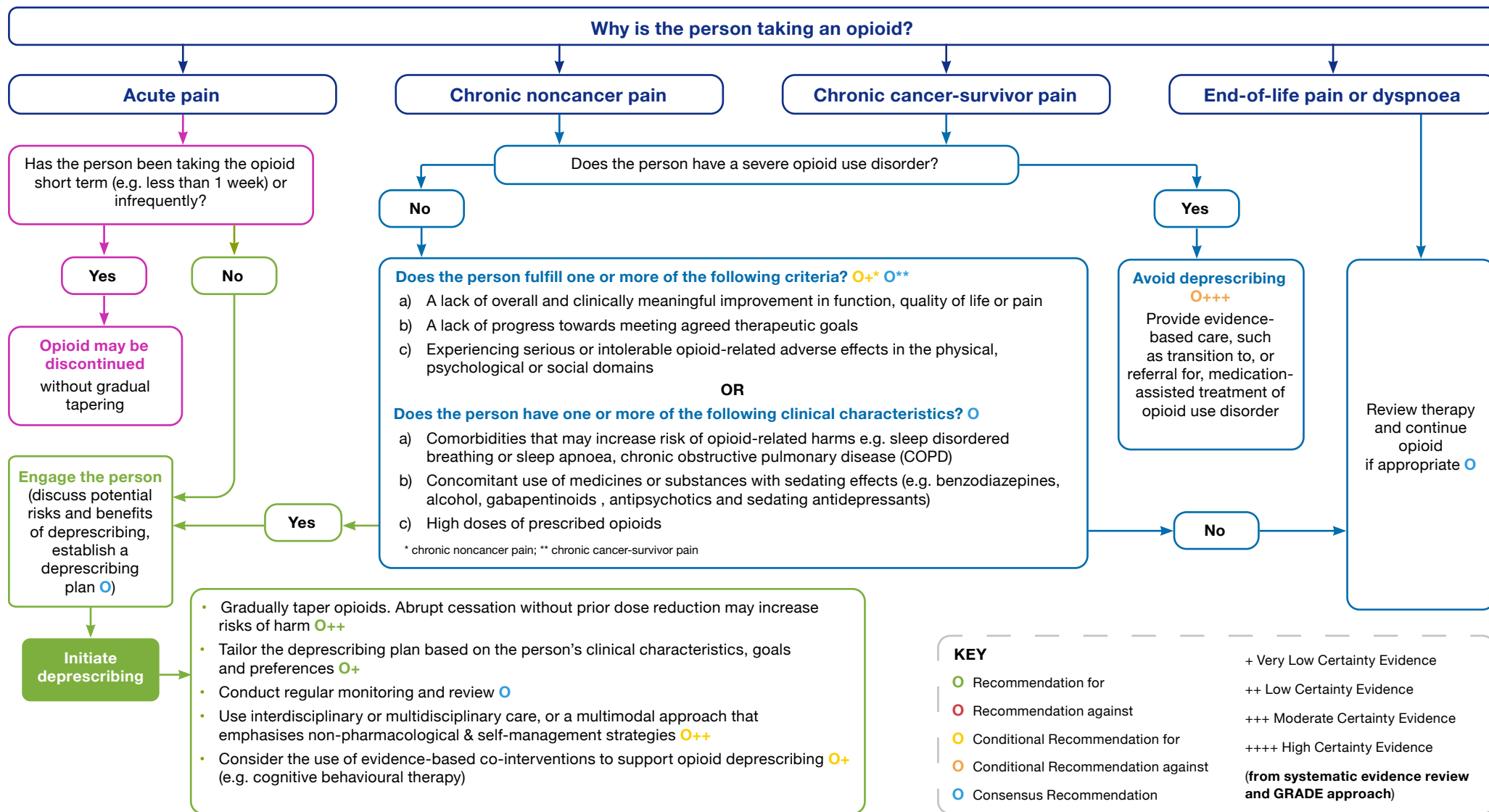


Deprescribing Algorithm: Opioids for persistent noncancer pain



**SUPPORT
Meds**



- Gradually taper opioids. Abrupt cessation without prior dose reduction may increase risks of harm O++
- Tailor the deprescribing plan based on the person's clinical characteristics, goals and preferences O+
- Conduct regular monitoring and review ○
- Use interdisciplinary or multidisciplinary care, or a multimodal approach that emphasises non-pharmacological & self-management strategies O++
- Consider the use of evidence-based co-interventions to support opioid deprescribing O+ (e.g. cognitive behavioural therapy)

KEY

- Recommendation for
- Recommendation against
- Conditional Recommendation for
- Conditional Recommendation against
- Consensus Recommendation

+ Very Low Certainty Evidence
++ Low Certainty Evidence
+++ Moderate Certainty Evidence
++++ High Certainty Evidence

(from systematic evidence review and GRADE approach)

Version 1, July 2026