



Vaping and Emerging Nicotine Product Use Among Monash Student Athletes: INTERIM REPORT 2026

Background and Methods



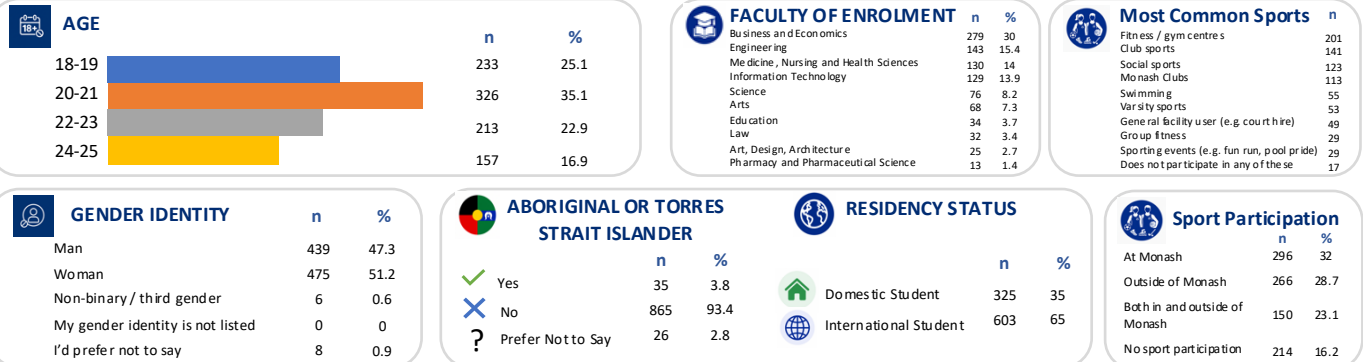
The growing availability of vapes, nicotine pouches, and other emerging nicotine products is changing nicotine use among young adults. Sporting environments may influence these behaviours through team culture, social networks, and perceptions of nicotine use. This report presents interim findings from the Monash Sport sub-study of our sentinel surveillance program, examining nicotine product use among university student athletes and physically active students aged 18-25 years.

[Scoping Review](#)

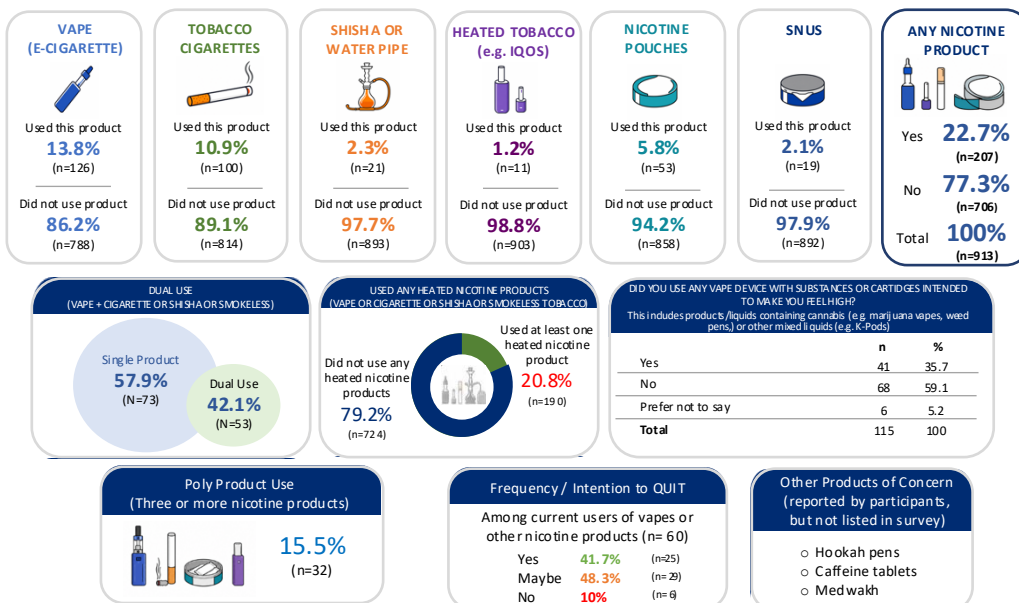
[Survey](#)

RESULTS

PART 1: PARTICIPANT DEMOGRAPHICS



PART 2: USE OF NICOTINE PRODUCTS (PAST 30 DAYS)



CONCLUSION

Researchers engaged with 929 young adult student athletes and active students during the recruitment period.

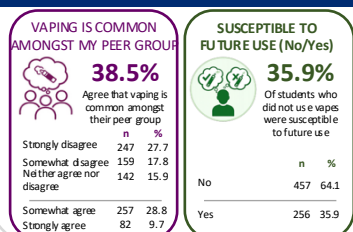
Approximately 23% of eligible survey respondents reported current (past 30-day) use of nicotine products and 42% of these respondents reported dual use and 15.5% poly product use.

Use of nicotine pouches was twice as high as that reported in the sentinel surveillance survey conducted in Semester 1, 2026.

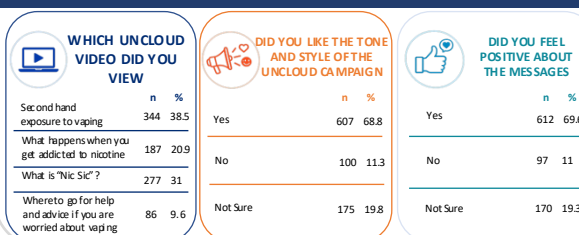
Overall, nicotine product use was perceived as common, with nearly 40% of participants reporting that vaping was common among their peers. Just over 35% of respondents were considered susceptible to future use.

These findings highlight the need for targeted health promotion and prevention initiatives, particularly those addressing dual use among student athletes and physically active students.

PART 3: PEER SUSCEPTIBILITY AND PEER PERCEPTIONS



PART 4: PARTICIPATION IN DISCUSSION ABOUT VAPING



Suggested Citation: Nguyen, H., Selamoglu, M., Cridland, D., Kotwas, S., Papadopoulos, I., Wild, H., Turudia, K., Rio, I., Barton, C. (2026). Vaping and Emerging Nicotine Product use among Monash Student Athletes: interim report, 2026. Monash University



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