

HEALTH SAFETY & WELLBEING ALERT

Slip, trip and fall risks

OVERVIEW

Slips, trips and falls are the most common cause of serious injuries at work and can occur anywhere, even on the same level.

This safety alert is a reminder to all of our Monash community to pay attention whilst moving around our campus and work areas, and to please immediately report any slip, trip or fall risks you might spot.

HAZARDS

Slips, trips and falls may occur as a result of ground conditions, housekeeping, type of footwear, lighting levels, rushing, obstructed vision, situational awareness, fatigue, or any combination of these. Autumn and winter unfortunately bring us more frequent wet weather, meaning slippery ground conditions.

Slippery, uneven or poorly lit surfaces can lead to fall injuries including:

- Sprains and strains
- Fractures
- Soft-tissue injuries



CALL TO ACTION

- Immediately report any slip, trip or fall hazards using the [SARAH Riskware App](#)
- Take a moment to look around your work area, keep walkways clear and under desks
- Wear appropriate footwear based on seasonal weather conditions
- Avoid any distractions whilst walking, e.g. looking at a mobile phone and take care when walking on wet or slippery surfaces



More Information: Please contact the Monash Health Safety & Wellbeing team ohshelpline@monash.edu

Useful links: <https://www.worksafe.vic.gov.au/preventing-slips-trips-and-falls-under-2-metres>