

\$ 100 FOR PARTICIPATION IN A FOOD SUPPLEMENT STUDY FOR TYPE 2 DIABETES

ARE YOU:

- ✓ **A pre-diabetic OR have type 2 diabetes (diet-controlled or on Metformin only)**
- ✓ **Aged between 18 and 70 years of age**
- ✓ **Not taking other regular medications**
- ✓ **Someone with no significant diseases that require treatment**
- ✓ **A non-smoker, non-drug user, non-high alcohol intake**
- ✓ **Not lactating, pregnant or planning to be in next 4-6 months**
- ✓ **Living in Melbourne**

WHAT IS IN IT FOR YOU?

- ✓ **\$100 visa card as a token of appreciation**
- ✓ **Free Diabetes and Cardiovascular risk assessment**
- ✓ **Free body fat and muscle assessment (around \$200 value)**
- ✓ **Free Fibroscan to assess condition of your liver**
- ✓ **Free routine blood tests**
- ✓ **Free cognitive tests**

This study takes place at Monash Medical Centre in Clayton

For further information, or to take part, please contact:

Monash Centre for Health Research and Implementation

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