Introduction to Physiotherapy
Years 9 and 10
Bachelor of Physiotherapy (Honours)
School of Primary and Allied Health Care
Peninsula Campus
So you’d like a career in health care…..is physiotherapy the career for you?

Start thinking now about what your passions are and what you have a talent for.

If you choose a path of study that interests you, you are more likely to stick with it and do well.

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Physiotherapy as a career…the basics

1. What is physiotherapy?
2. Where do physiotherapists work?
3. Why choose Monash Physiotherapy?
4. How do you become a physiotherapist?
What is physiotherapy?

People who have injured themselves playing sport or find it difficult to move following an accident or illness may go to a physiotherapist to help them recover.

The physiotherapist:

• diagnoses the problem
• provides treatment, assisting the person to restore movement and/or avoid injuring themselves further
• seeks input from other health professionals if required
• helps the person to achieve the best possible recovery, activity and quality of life
Where do physiotherapists work?

Hospitals
Community health centres
Rehabilitation centres
Private practice
Industrial clinics
Specialist facilities
Sporting clubs
Schools
Occupational health and safety roles at workplaces

Some physiotherapists undertake research that contributes to physiotherapy knowledge and practice.
How do you become a physiotherapist?
Choose the right subjects

- You need to complete a university degree in physiotherapy.
- If you want to go to university straight from school, you may need to study English, maths and science subjects for your VCE (Victorian Certificate of Education) or interstate equivalent. Check out the different requirements of different universities’ programs.

But

- Make sure you keep your options open by doing subjects that will allow you to get into as many courses as possible.
Set your goals

For the Bachelor of Physiotherapy (Honours) at Monash University you need to:

- Achieve an ATAR (Australian Tertiary Admission Rank) score of at least 30 in English (any) or 35 in English (ESL) plus a study score of at least 25 in any two of Biology, Chemistry, Maths Methods, Physics or Specialist Maths.
Get some help

- If your financial, geographical or personal circumstances make it difficult for you to go to university, look into your options.

- If you think you may qualify as “educationally disadvantaged”, ask an adult, teacher or your school’s careers adviser for help.

- If you come from an area with a postcode on the Commonwealth Government rural and isolated postcode list you may be eligible to apply for special entry to university by completing a Special Entry Access Scheme application. You may also be eligible to apply for an equity scholarship or bursary. If you are from an indigenous background, contact Monash University’s Yulendj Indigenous Engagement Unit regarding support services for indigenous students.
You can work after year 12 and go to uni later

Here’s how:

- At Monash, non-school-leavers must meet the same requirements as school-leavers, either at VCE or through equivalent university studies.

Find out more on the Monash University website at https://www.monash.edu/medicine/spahc/physio

or phone 1800 MONASH (1800 666 274) or submit an enquiry at https://register.monash.edu.au/enquiry/
Why choose Monash Physiotherapy?

You will start to practice what you learn right from the start of your course.

This will build your patient care experience for a medical environment – known as clinical experience.

Health settings where you will gain experience include:

- private practice
- hospital wards
- rehabilitation units
- community health centres
- hospital outpatient clinics
Now…..

• Talk with your careers adviser
• Talk to a physiotherapist
• Go to the Physiotherapy website at https://www.monash.edu/medicine/spahc/physio
• Go to Monash Open Days
• Email any questions to https://register.monash.edu.au/enquiry/