

\$ 300 FOR PARTICIPATION IN A CARNOSINE (ORAL SUPPLEMENT) CLINICAL TRIAL

ARE YOU:

- ✓ Aged between 18 and 60 years
- ✓ Overweight (BMI 25-40) but otherwise healthy
- ✓ Non-diabetic
- ✓ Not taking any medications or supplements
- ✓ Someone with no significant diseases that require treatment
- ✓ A non-smoker, non-drug user, non-high alcohol intake
- ✓ Not lactating, pregnant or planning to be in next 4-6 months
- ✓ Living in Melbourne

WHAT IS IN IT FOR YOU?

- ✓ \$300 visa card as a token of appreciation
- ✓ Free Diabetes and Cardiovascular risk assessment
- ✓ Free body fat and muscle assessment (around \$200 value)
- ✓ Free Fibroscan to assess condition of your liver
- ✓ Free routine blood tests
- ✓ Free cognitive tests

This study takes place at Monash Medical Centre in Clayton

For further information, or to take part, please contact:

Monash Centre for Health Research and Implementation

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