

12th Biennial Monash Pharmacy Education Symposium 2026 | Symposium workshop abstract template

Workshop abstract title (Max 15 words)	From Claims to Chemistry: Making Sense of Skincare for Pharmacy Counselling
Speakers/organisers list	Laurence Orlando ¹ Edris Chan ¹ Nilushi Karunaratne ¹ Betty Exintaris ¹ Justin Turner ¹ Caroline Welles ²
Affiliations	¹ Faculty of Pharmacy and Pharmaceutical Sciences, Monash University ² UNC Eshelman School of Pharmacy
Structured workshop abstract (Max 150 words)	<p><i>What is your workshop about? Write a paragraph to set the scene on the importance of your topic.</i></p> <p>Dermocosmetics are a routine part of retail pharmacy practice, and pharmacists are often the first point of contact for patients seeking advice in an increasingly complex skincare landscape. This workshop introduces a chemistry-led and evidence-informed approach to teaching cosmetic products by focusing on how formulations work, rather than relying on brand positioning or marketing narratives.</p> <p><i>What does it mean for the participants? Write a paragraph to pitch your workshop to the participants - how does the topic translate into practice?</i></p> <p>Using real pharmacy-shelf examples, participants will explore how to teach students to read and interpret INCI lists, identify key cosmetic actives (retinoids, niacinamide, vitamin C, exfoliating acids, peptides).</p> <p>Participants will leave with a practical framework they can directly apply in teaching and in pharmacy practice. The workshop links ingredient chemistry, and skin biology to common retail counselling questions such as product selection, irritation risk, anti-ageing claims, and appropriate patient advice. The approach supports pharmacists' expanding role in skincare counselling.</p> <p>And yes, you may pick up a few insights that could change how you choose your own skincare too!</p> <p><i>What will the participants do in your workshop? List the timing of the workshop activities. For example, Introduction and context setting (10 min), small group task defining professional development needs of education research staff (15 min), small group report back to main group (10 min), etc.</i></p> <ul style="list-style-type: none"> ● Introduction: cosmetics as pharmacy products (10 min) ● Decoding INCI lists: recognising functional patterns (20 min) ● Actives in practice: skin structure & retinol, niacinamide, vitamin C, acids, peptides (20 min) ● Small-group activity: counselling scenarios using real products (25 min) ● Teaching take-aways and discussion (15 min)
Learning outcomes (Max 3)	<p><i>By the end of this workshop, participants will be able to:</i></p> <ol style="list-style-type: none"> 1. Teach students how to interpret INCI lists to predict product function and suitability. 2. Explain the biological role and formulation differences of common cosmetic actives sold in pharmacies. 3. Apply ingredient-based reasoning to retail counselling and teaching scenarios.
Which <u>FIP Workforce Development Goal</u> or <u>Goals</u> would you assign your workshop abstract?	<p><i>E.g. - WDG 5: Competency Development</i></p> <ul style="list-style-type: none"> ● WDG 5: Competency Development ● WDG 10: Pharmaceutical Expertise in Patient Care