

Dr Christina Ekegren



Physical activity and injury

My research focuses on the outcomes of traumatic injury, and in particular on physical activity, sedentary behaviour and the risk of developing chronic disease following injury.

We want to find out if people accurately recall their pre-injury physical activity levels 6 months after their injury. This information will help us develop methods for large-scale collection of physical activity data in injured populations.

Join my team on placement by emailing christina.ekegren@monash.edu

