



MASTER OF NUTRITION AND DIETETICS

INFLUENCE AND IMPROVE HEALTH AND WELLBEING THROUGH FOOD AND NUTRITION

Whether it's working with individuals or whole communities, studying Nutrition and Dietetics gives you the opportunity to make a real difference to people's health and wellbeing through food and diet. Become an advocate for evidence-based nutrition from day one.

Graduate with a Master of Nutrition and Dietetics in only 1.5 years for Monash Nutrition Science graduates - a total of 4.5 years for 2 degrees to become a dietitian.

This course has been accredited by the Dietitians of Australia (DA) and graduates are eligible to become Accredited Practising Dietitians (APD).

Experience our innovative, dynamic and contemporary curriculum designed to meet the needs of the current and future workforce – preparing you to navigate food systems, be equity champions, excellent communicators and ready to encompass the wide opportunities of nutrition and dietetic influence and practice.

Learn in world class teaching and learning spaces including field-trip experiences, our private practice clinic, hands on food activities in our commercial kitchen and exercise physiology suite which support integration of theory and practice.

In the Master of Nutrition and Dietetics you will:

- Learn from a diverse range of internationally recognised and award winning research and dietetics educators with broad national and international dietetic practice experience to support authentic learning.
- Graduate work ready with the professional and personal skills required for nutrition and dietetic practice in a variety of settings.
- Experience real world placement opportunities with our clinical, private practice, community and population health and food system partner organisations across Victoria and the Northern Territory.
- Build your research and research translation skills under the guidance of our nutrition and dietetics experts.

COURSE STRUCTURE

The course structure is supported by four study themes:

1. Personal development and professional practice
2. Determinants and influences of public health and nutrition
3. Nutrition fundamentals of health and disease
4. Food: From science to systems

PART A# Foundational studies for Nutrition and Dietetics

Commence your nutrition and dietetics journey as your study experiences explore areas including: food knowledge and application, nutrition assessment, population health nutrition, role of diet in prevention and treatment of chronic conditions, cultural safety and responsiveness and being self aware healthcare professionals.

PART B Evidence-based dietetics planning, assessment and intervention

Develop core knowledge and skills relevant to practice with a focus on person-centred care and a systems approach to health and nutrition.

PART C Nutrition and Dietetic skills and practice

Connect the theory to practice with over 23 weeks of placement under the valuable guidance of practitioners in work based settings.

Course code

M6002
CRICOS code: 110244J

Study mode

On-campus (Clayton)

Intakes

First semester: February
Second semester: July#

Durations

Full time: 1.5 or 2 years depending on prior qualifications



"I will forever be grateful for the opportunities to learn from educators who are not only passionate about the field, but who genuinely care about your growth, self-discovery, and success."

Diana Zhu

Bachelor of Nutrition Science and
Master of Dietetics Graduate (2021)
Current PhD Candidate



WHAT DO DIETITIANS DO?

Dietitians apply the science of nutrition to improve health outcomes for individuals and the community at large. This can be done by working one-on-one to treat people with medical conditions, or influencing health on a larger scale through work with communities or in public health and policy.

Find out more dietitiansaustralia.org.au

PLACEMENTS

Throughout this course, you'll complete over 23 weeks of practical experience across a range of settings, including community health, hospitals, private practice, local government, social enterprises and more.

WHAT SUPPORT IS AVAILABLE?

Monash provides the platform for a strong sense of community, on-campus and in-class. We also offer our international students a unique acculturation activities program to optimise their cross-cultural training in Australia.

Our Master's degree offers Income support for eligible domestic students.

CAREER OPPORTUNITIES

Graduates from our program meet Dietitians Australia National Competency Standards for entry into the profession as a dietitian. This means you graduate ready to work across a diverse range of settings and roles and influence health and nutrition outcomes for all.

Studying a Master of Nutrition and Dietetics can lead to a diverse range of career options, in areas like:

- Community nutrition and public health
- Consultancy or private practice
- Food industry
- Clinical dietetics
- Food service and management
- Government and policy
- Client care
- Research and education
- Sports



WHY STUDY AT MONASH?

Monash is ranked in the top 1% of world universities – #29 in the world for Clinical and Health according to the Times Higher Education World University Ranking (2024). We've built our reputation on career-focused degrees, the highest academic standards, quality and research that makes a difference.

Monash is 23rd globally in the QS Sustainability Rankings 2024, consolidating the University's position within the world's top-50 universities as an active leader and contributor to solving the sustainability challenges facing our world.



"Monash definitely set us up as great clinicians and professionals which is obviously extremely important, but I think one of my biggest takeaways that I learned from the Master's course in particular is to think outside the box of where dietetics could take you."

Ashleigh Gale
Master of Nutrition and Dietetics
Graduate (2019)

LEARN MORE

For further information about the Master of Nutrition and Dietetics, including entry requirements, fees and scholarships, visit monash.edu/study/course/m6002 or contact:

FUTURE STUDENT ENQUIRIES

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E future@monash.edu

monash.edu/medicine/scs/nutrition/study