

Course progression map for 2023 commencing students

This progression map provides advice on the suitable sequencing of units and guidance on how to plan unit enrolment for each semester of study. It does not substitute for the list of required units as described in the course 'Requirements' section of the [Handbook](#).

M2001 Bachelor of Nutrition Science

The placement of units may be rearranged to provide flexibility in choice of elective units.

The choice of nutrition science elective units (12 points) at Year 3 in some cases involve units that span semester one and semester two.

Year 1 Semester 1	NUT1001 Personal and professional perspectives in nutrition	NUT1010 Human nutrition: an introduction to nutrients	NUT1101 Science foundations	
Year 1 Semester 2	NUT1002 Evaluating the evidence: nutrition and population health		NUT1102 Food science	NUT1103 Human biology for nutrition
Year 2 Semester 1	NUT2001 Health across the lifespan		NUT2102 Food: science, composition and skills	
Year 2 Semester 2	NUT2002 Applied research methods in nutrition	NUT2103 Advanced nutritional physiology and immunology		NUT2104 Nutritional biochemistry
Year 3 Semester 1	Students complete 12 credit points from the following units: NUT3003 Exercise physiology and sports nutrition (6 CP - S1) AND/OR Elective - level 2 or above AND/OR NUT3004 Nutrition controversies (6 CP - S2) OR NUT3001 Evidence based nutrition (12 CP full year) OR NUT3007 Work placement (12 CP - S2)	NUT3006 Food sustainability systems	NUT3005 Nutrition assessment	NUT3008 Biochemistry, genetics and molecular nutrition
Year 3 Semester 2		NUT3082 Public health nutrition	NUT3002 Nutrition, activity and health in chronic diseases	Elective – level 2 or above

A	Personal development and professional practice
B	Determinants and influences of public health and nutrition
C	Nutrition fundamentals of health and disease
D	Food: from science to systems
E	Elective – must be level 2 or above