

Course progression map for 2025 commencing students

This progression map provides advice on the suitable sequencing of units and guidance on how to plan unit enrolment for each semester of study. It does not substitute for the list of required units as described in the course 'Requirements' section of the [Handbook](#).

M2001 Bachelor of Nutrition Science

Year 1 Semester 1	NUT1001 Personal and professional perspectives in nutrition	NUT1010 Human nutrition: an introduction to nutrients	NUT1101 Science foundations	
Year 1 Semester 2	NUT1002 Evaluating the evidence: nutrition and population health		NUT1102 Food science	NUT1103 Human biology for nutrition
Year 2 Semester 1	NUT2001 Health across the lifespan		NUT2102 Food: science, composition and skills	
Year 2 Semester 2	NUT2002 Applied research methods in nutrition	NUT2103 Advanced nutritional physiology and immunology		NUT2104 Nutritional biochemistry
Year 3 Semester 1	NUT3006 Food systems and planetary health	NUT3005 Nutrition assessment	NUT3008 Precision and personalised nutrition	NUT3001 or NUT3003 or Elective See below for important information
Year 3 Semester 2	NUT3082 Public health nutrition	NUT3002 Nutrition, activity and health in chronic diseases	NUT3007 or NUT3004 or Elective See below for important information	NUT3001 or NUT3004 or NUT3007 or Elective See below for important information

A	Personal development and professional practice
B	Determinants and influences of public health and nutrition
C	Nutrition fundamentals of health and disease
D	Food: from science to systems
E	Elective – must be level 2 or above

Information regarding elective units.

You must complete a **total of 18 points** of elective study which has to include a minimum of one NUT unit:

Your options are to complete one of the following units (worth 6 or 12 points):

- NUT3001 Evidence based nutrition (12 points) - full year unit which counts for 6 points in each semester
- NUT3003 Exercise physiology and sports nutrition (6 points) semester 1.
- NUT3004 Nutrition controversies (6 points) semester 2.
- NUT3007 Work placement (12 points) semester 2.

and

- 6 or 12 points of additional elective units* which can also be other NUT units.

*Additional elective units must be level 2 or level 3 and may be chosen from across the Faculty of Medicine, Nursing and Health Sciences; those with prefixes NUT, PHY, HSC, BCH being most appropriate. Electives may also be chosen from other faculties across the University. You must meet any required prerequisites, co-requisites and other enrolment restrictions. You should also be aware of travel and timetabling limitations.