

Course progression map for 2026 commencing students

This progression map provides advice on the suitable sequencing of units and guidance on how to plan unit enrolment for each semester of study. It does not substitute for the list of required units as described in the course 'Requirements' section of the [Handbook](#).

M2016 – Bachelor of Human Nutrition

Semester One Intake - Full-time

All units are 6 credit points unless specified otherwise

Year 1 Semester 1	NUT1021 Fundamentals of Human Nutrition	NUT1022 Fundamentals of Biomedical Sciences	NUT1023 Nutritional Biochemistry & Nutrigenomics	NUT1024 Nutrition, Health & Behaviour
Year 1 Semester 2	NUT1025 Food Science & Analysis	NUT1026 Nutritional Epidemiology	NUT1028 Nutrition throughout Life Cycle	NUT1029 Assessment of Nutritional Status
Year 1 Summer Sem	NUT1030 Nutrition and Mental Health			
Year 2 Semester 1	NUT2022 Food Preparation, Safety & Service (12 credit points)		NUT2023 Nutrition & Chronic Diseases	NUT2029 Nutrition Education & Counselling OR NUT2030 Communication in Clinical Nutrition
Year 2 Semester 2	NUT2020 Nutrition in Exercise and Sports	NUT2025 Research Methods in Nutrition	NUT2026 Community Nutrition & Health Promotion (12 credit points)	
Year 2 Summer Sem	NUT2024 Internship 1 (12 credit points)			
Year 3 Semester 1	Free Elective	NUT3026 Applied Research in Nutrition (18 credit points)		
Year 3 Semester 2	NUT3027 Internship 2 (18 credit points)			
Year 3 Summer Sem	NUT3024 Contemporary Development in Nutrition OR NUT3025 Food and Nutrition Policy			

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Part A	Core studies (144cp)
Part B	Elective studies (18cp)

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Year 1 Semester 2	NUT1021 Fundamentals of Human Nutrition	NUT1022 Fundamentals of Biomedical Sciences	NUT1023 Nutritional Biochemistry & Nutrigenomics	NUT1024 Nutrition, Health & Behaviour
Year 1 Summer Sem	NUT1030 Nutrition and Mental Health			
Year 1 Semester 1	NUT1025 Food Science & Analysis	NUT1026 Nutritional Epidemiology	NUT1028 Nutrition throughout Life Cycle	NUT1029 Assessment of Nutritional Status
Year 2 Semester 2	NUT2020 Nutrition in Exercise and Sports	NUT2025 Research Methods in Nutrition	NUT2026 Community Nutrition & Health Promotion (12 credit points)	
Year 2 Summer Sem	NUT2024 Internship 1 (12 credit points)			
Year 2 Semester 1	NUT2022 Food Preparation, Safety & Service (12 credit points)		NUT2023 Nutrition & Chronic Diseases	NUT2029 Nutrition Education & Counselling OR NUT2030 Communication in Clinical Nutrition
Year 3 Semester 2	NUT3027 Internship 2 (18 credit points)			
Year 3 Summer Sem	NUT3024 Contemporary Development in Nutrition OR NUT3025 Food and Nutrition Policy			
Year 3 Semester 1	Free Elective	NUT3026 Applied Research in Nutrition (18 credit points)		

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