

## Course progression map for 2026 commencing students

This progression map provides advice on the suitable sequencing of units and guidance on how to plan unit enrolment for each semester of study. It does not substitute for the list of required units as described in the course 'Requirements' section of the [Handbook](#).

### M2018 Bachelor of Psychology, Clayton, Semester 1 intake - Mental Health and Wellbeing stream

Year 1 Semester 1	PSY1011 Foundations in psychology	PSY1013 The science of thriving	PSY1014 Introduction to contemporary mental health practice		Elective
Year 1 Semester 2	PSY1023 Introduction to psychological inquiry	PSY1024 Psychology: allies in Indigenous health	Elective		Elective
Year 2 Semester 1	PSY2061 Biological psychology	PSY2071 Developmental psychology	PSY2242 Psychology of ageing		Elective
Year 2 Semester 2	PSY2041 Psychological testing and assessment	PSY2042 Personality and social psychology	PSY2014 Mental health in the digital age		PSY2243 Child and youth mental health: Empowering parents and carers
Year 3 Semester 1	PSY3051 Perception and cognitive psychology	PSY3052 Cultural safety, responsiveness and reflexivity in practice	PSY3252 The history of psychological disorders and disability	PSY3134 Introduction to Psychological science in practice <i>*T2-57, zero-credit point unit, mandatory for PSY3034</i>	Elective @ L2/L3
Year 3 Semester 2	PSY3032 Psychological disorders	PSY3062 Research methods in psychology	PSY3034 Psychological science in practice		PSY3120 Introduction to counselling

A	APAC level 1 - accredited sequence
B	Discipline stream - Mental Health and Wellbeing
C	Elective studies

#### Elective units:

- SWM3127 Foundations for family violence practice
- PSY3251 Suicide prevention and support

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- PSY3190 Addiction studies
- PBH1102 Health Communication
- PBH1104 Global health
- PBH2002 Foundations of biostatistics
- PBH2003 Culture, society and health
- HSC2400 Career skills for health professionals

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### M2018 Bachelor of Psychology, Clayton, Semester 1 intake – Neuroscience stream

Year 1 Semester 1	PSY1011 Foundations in psychology	PSY1013 The science of thriving	PSY1211 Brain and behaviour		Elective
Year 1 Semester 2	PSY1023 Introduction to psychological inquiry	BIO1022 Life on earth	Elective		Elective
Year 2 Semester 1	PSY2061 Biological psychology	PSY2071 Developmental psychology	PHY2011 Neuroscience of communication, sensory and control systems		PSY3280 Neuronal basis of consciousness
Year 2 Semester 2	PSY2041 Psychological testing and assessment	PSY2042 Personality and social psychology	PSY2320 Sleep and circadian rhythms		Elective
Year 3 Semester 1	PSY3051 Perception and cognitive psychology	PSY3052 Cultural safety, responsiveness and reflexivity in practice	PSY3180 Introduction to Clinical Neuropsychology	PSY3134 Introduction to Psychological science in practice <i>* T2-57, zero-credit point unit, mandatory for PSY3034</i>	Elective @ L2/L3
Year 3 Semester 2	PSY3032 Psychological disorders	PSY3062 Research methods in psychology	PSY3034 Psychological science in practice		RAD3004 Neuroimaging for neuroscience research

A	APAC level 1 - accredited sequence
B	Discipline stream - Neuroscience
C	Elective studies

#### Elective units:

- SWM3127 Foundations for family violence practice
- PSY3251 Suicide prevention and support

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- PBH1102 Health Communication
- PBH1104 Global health
- PBH2002 Foundations of biostatistics
- PBH2003 Culture, society and health
- HSC2400 Career skills for health professionals

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### M2018 Bachelor of Psychology, Clayton, Semester 1 intake - Public Health stream

Year 1 Semester 1	PSY1011 Foundations in psychology	PSY1013 The science of thriving	Elective		HSC1200 Public health and prevention
Year 1 Semester 2	PSY1023 Introduction to psychological inquiry	PSY1024 Psychology: Allies in Indigenous health	Elective		PBH2001 Foundations of epidemiology
Year 2 Semester 1	PSY2061 Biological psychology	PSY2071 Developmental psychology	Elective		HSC2300 Health promotion and disease prevention
Year 2 Semester 2	PSY2041 Psychological testing and assessment	PSY2042 Personality and social psychology	Elective		PBH2005 Health program planning
Year 3 Semester 1	PSY3051 Perception and cognitive psychology	PSY3052 Cultural safety, responsiveness and reflexivity in practice	PSY3134 Introduction to Psychological science in practice  <i>* T2-57, zero-credit point unit, mandatory for PSY3034</i>	Elective @ L2/L3	PBH3002 Communicable disease prevention and control
Year 3 Semester 2	PSY3032 Psychological disorders	PSY3062 Research methods in psychology	PSY3034 Psychological science in practice		PBH3009 Chronic disease prevention and control

A	APAC level 1 - accredited sequence
B	Discipline stream - Public Health
C	Elective studies

#### Elective units:

- SWM3127 Foundations for family violence practice
- PSY3251 Suicide prevention and support

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- PBH1102 Health Communication
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- HSC2400 Career skills for health professionals

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### M2018 Bachelor of Psychology, Malaysia, Semester 1 intake - Mental Health and Wellbeing stream

Year 1 Semester 1	PSY1011 Foundations in psychology	PSY1013 The science of thriving	PSY1014 Introduction to contemporary mental health practice		Elective
Year 1 Semester 2	PSY1023 Introduction to psychological inquiry	PSY1025 Indigenous Health Psychology: South East Asia and Global Insights	Elective		Elective
Year 2 Semester 1	PSY2061 Biological psychology	PSY2071 Developmental psychology	PSY2214 Mental health and wellbeing across the lifespan		Elective
Year 2 Semester 2	PSY2041 Psychological testing and assessment	PSY2042 Personality and social psychology	PSY2014 Mental health in the digital age		*Elective <b>OR</b> PSY2112 Organisational psychology and workplace wellbeing
Year 3 Semester 1	PSY3051 Perception and cognitive psychology	PSY3052 Cultural safety, responsiveness and reflexivity in practice	PSY3214 Mental health and wellbeing in diverse communities	PSY3134 Introduction to Psychological science in practice <i>* T2-57, zero-credit point unit, mandatory for PSY3034</i>	*Elective <b>OR</b> PSY3250 Positive psychology
Year 3 Semester 2	PSY3032 Psychological disorders	PSY3062 Research methods in psychology	PSY3034 Psychological science in practice		PSY3120 Introduction to counselling

A	APAC level 1 - accredited sequence
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**Elective units (\*Students must complete either PSY3250 or PSY2112 to meet the stream requirements. Students may also enrol in one of these units as a discipline-specific elective)**

- PSY2112 Organisational psychology and workplace wellbeing
- PSY3150 Contemporary social psychology
- PSY3250 Positive psychology

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### M2018 Bachelor of Psychology, Malaysia, Semester 2 intake - Mental Health and Wellbeing stream

Year 1 Semester 2 (July)	PSY1023 Introduction to psychological inquiry	PSY1025 Indigenous Health Psychology: South East Asia and Global Insights	Elective		Elective
Year 1 Semester 1 (Feb)	PSY1011 Foundations in psychology	PSY1013 The science of thriving	PSY1014 Introduction to contemporary mental health practice		Elective
Year 2 Semester 2 (July)	PSY2041 Psychological testing and assessment	PSY2042 Personality and social psychology	PSY2014 Mental Health in the Digital Age		*Elective or Stream-specific elective PSY2112 Organisational psychology and workplace wellbeing
Year 2 Semester 1 (Feb)	PSY2061 Biological psychology	PSY2071 Developmental psychology	PSY2214 Mental health and wellbeing across the lifespan	PSY3134 Introduction to Psychological science in practice <i>*T2-57, zero-credit point unit, mandatory for PSY3034</i>	Elective
Year 3 Semester 2 (July)	PSY3032 Psychological disorders	PSY3062 Research methods in psychology	PSY3034 Psychological science in practice		PSY3120 Introduction to counselling
Year 3 Semester 1 (Feb)	PSY3051 Perception and cognitive psychology	PSY3052 Cultural safety, responsiveness and reflexivity in practice	PSY3214 Mental health and wellbeing in diverse communities		*Elective or Stream-specific elective PSY3250 Positive psychology

A	APAC level 1 - accredited sequence
B	Discipline stream - Mental Health and Wellbeing
C	Elective studies

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**Elective units (\*Students must complete either PSY3250 or PSY2112 to meet the stream requirements. Students may also enrol in one of these units as a discipline-specific elective)**

- PSY2112 Organisational psychology and workplace wellbeing
- PSY3150 Contemporary social psychology
- PSY3250 Positive psychology

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### M2018 Bachelor of Psychology, Malaysia, October intake - Mental Health and Wellbeing stream

Year 1 (October Semester)	PSY1023 Introduction to psychological inquiry	PSY1025 Indigenous Health Psychology: South East Asia and Global Insights	Elective		Elective
Year 1 Semester 1 (Feb)	PSY1011 Foundations in psychology	PSY1013 The science of thriving	PSY1014 Introduction to contemporary mental health practice		Elective
Year 2 Semester 2 (July)	PSY2041 Psychological testing and assessment	PSY2042 Personality and social psychology	PSY2014 Mental Health in the Digital Age		*Elective or PSY2112 Organisational psychology and workplace wellbeing
Year 2 Semester 1 (Feb)	PSY2061 Biological psychology	PSY2071 Developmental psychology	PSY2214 Mental health and wellbeing across the lifespan	PSY3134 Introduction to Psychological science in practice <i>*T2-57, zero-credit point unit, mandatory for PSY3034</i>	Elective
Year 3 Semester 2 (July)	PSY3032 Psychological disorders	PSY3062 Research methods in psychology	PSY3034 Psychological science in practice		PSY3120 Introduction to counselling
Year 3 Semester 1 (Feb)	PSY3051 Perception and cognitive psychology	PSY3052 Cultural safety, responsiveness and reflexivity in practice	PSY3214 Mental health and wellbeing in diverse communities		*Elective or PSY3250 Positive psychology

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A	APAC level 1 - accredited sequence
B	Discipline stream - Mental Health and Wellbeing
C	Elective studies

### Elective units (\*Students must complete either PSY3250 or PSY2112 to meet the stream requirements. Students may also enrol in one of these units as a discipline-specific elective)

- PSY2112 Organisational psychology and workplace wellbeing
- PSY3150 Contemporary social psychology
- PSY3250 Positive psychology

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### M2018 Bachelor of Psychology, Malaysia, Semester 1 intake, Applied Psychology stream

Year 1 Semester 1	PSY1011 Foundations in psychology	PSY1013 The science of thriving	AMU1310 Introduction to gender studies <b>OR</b> NUT1024 Nutrition health and behaviour	Elective	
Year 1 Semester 2	PSY1023 Introduction to psychological inquiry	PSY1025 Indigenous Health Psychology: South East Asia and Global Insights	AMU1309 Introduction to sexuality studies <b>OR</b> AMU1278 Communication technologies and Practices <b>OR</b> AMU1010 Introduction to public relations <b>OR</b> NUT1030 Nutrition and mental health (Summer Sem only)	Elective	
Year 2 Semester 1	PSY2061 Biological psychology	PSY2071 Developmental psychology	NUT2029 Nutrition education and counselling <b>OR</b> AMU2814 Transforming community <b>OR</b> AMU2625 Borders, people and identity	Elective	
Year 2 Semester 2	PSY2041 Psychological testing and assessment	PSY2042 Personality and social psychology	PSY2112 Organisational psychology and workplace wellbeing	Elective	
Year 3 Semester 1	PSY3051 Perception and cognitive psychology	PSY3052 Cultural safety, responsiveness and reflexivity in practice	PSY3150 Contemporary social psychology	PSY3134 Introduction to Psychological science in practice  *T2-57, zero-credit point unit, mandatory for PSY3034	Elective @L2/L3

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Year 3 Semester 2	PSY3032 Psychological disorders	PSY3062 Research methods in psychology	PSY3034 Psychological science in practice	AMU2907 Sexual and reproductive health and rights in global contexts <b>OR</b> AMU2020 International human rights <b>OR</b> PSY3120 Introduction to counselling
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A	APAC level 1 - accredited sequence
B	Discipline stream - Applied Psychology
C	Elective studies

### Elective units:

- PSY1014 Introduction to contemporary mental health practice
- NUT1021 Fundamentals of human nutrition
- PSY2214 Mental health and wellbeing across the lifespan
- PSY2014 Mental health in the digital age
- PSY3250 Positive psychology
- AMU3560 Contemporary feminisms in Asia
- PSY3214 Mental health and wellbeing in diverse communities

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### M2018 Bachelor of Psychology, Malaysia, Semester 2 intake, Applied Psychology stream

Year 1 Semester 2 (July)	PSY1023 Introduction to psychological inquiry	PSY1025 Indigenous Health Psychology: South East Asia and Global Insights	AMU1309 Introduction to sexuality studies <b>OR</b> AMU1278 Communication technologies and Practices <b>OR</b> AMU1010 Introduction to public relations <b>OR</b> NUT1030 Nutrition and mental health (Summer Sem only)	Elective	
Year 1 Semester 1 (Feb)	PSY1011 Foundations in psychology	PSY1013 The science of thriving	AMU1310 Introduction to gender studies <b>OR</b> NUT1024 Nutrition health and behaviour	Elective	
Year 2 Semester 2 (July)	PSY2041 Psychological testing and assessment	PSY2042 Personality and social psychology	PSY2112 Organisational psychology and workplace wellbeing	Elective	
Year 2 Semester 1 (Feb)	PSY2061 Biological psychology	PSY2071 Developmental psychology	NUT2029 Nutrition education and counselling <b>OR</b> AMU2814 Transforming community <b>OR</b> AMU2625 Borders, people and identity	PSY3134 Introduction to Psychological science in practice  <i>*T2-57, zero-credit point unit, mandatory for PSY3034</i>	Elective

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Year 3 Semester 1 (Feb)	PSY3051 Perception and cognitive psychology	PSY3052 Cultural safety, responsiveness and reflexivity in practice	PSY3150 Contemporary social psychology	Elective @L2/L3

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Year 1 Semester 1 (Feb)	PSY1011 Foundations in psychology	PSY1013 The science of thriving	AMU1310 Introduction to gender studies <b>OR</b> NUT1024 Nutrition health and behaviour	Elective	
Year 2 Semester 2 (July)	PSY2041 Psychological testing and assessment	PSY2042 Personality and social psychology	PSY2112 Organisational psychology and workplace wellbeing	Elective	
Year 2 Semester 1 (Feb)	PSY2061 Biological psychology	PSY2071 Developmental psychology	NUT2029 Nutrition education and counselling <b>OR</b> AMU2814 Transforming community <b>OR</b> AMU2625 Borders, people and identity	PSY3134 Introduction to Psychological science in practice  *T2-57, zero-credit point unit, mandatory for PSY3034	Elective

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