

Course progression map for 2027 commencing students

This progression map provides advice on the suitable sequencing of units and guidance on how to plan unit enrolment for each semester of study. It does not substitute for the list of required units as described in the course 'Requirements' section of the [Handbook](#).

M2001 Bachelor of Nutrition Science

Year 1 Semester 1	NUT1001 Personal and professional perspectives in nutrition	NUT1010 Human nutrition: an introduction to nutrients	NUT1101 Science foundations	
Year 1 Semester 2	NUT1002 Evaluating the evidence: nutrition and population health		NUT1102 Food science	NUT1103 Human biology for nutrition
Year 2 Semester 1	NUT2001 Health across the lifespan		NUT2102 Food: science, composition and skills	
Year 2 Semester 2	NUT2002 Applied research methods in nutrition	NUT2103 Advanced nutritional physiology and immunology		NUT2104 Nutritional biochemistry
Year 3 Semester 1	NUT3006 Food sustainability systems	NUT3005 Nutrition assessment	NUT3008 Biochemistry, genetics and molecular nutrition	NUT3003 or Elective See below for important information
Year 3 Semester 2	NUT3082 Public health nutrition	NUT3002 Nutrition, activity and health in chronic diseases	NUT3004 or NUT3007 or Elective See below for important information	NUT3004 or NUT3007 or Elective See below for important information

A	Personal development and professional practice
B	Determinants and influences of public health and nutrition
C	Nutrition fundamentals of health and disease
D	Food: from science to systems
E	Elective – must be level 2 or above

Information regarding elective units.

You must complete a **total of 18 points** of elective study which has to include a minimum of one NUT unit.

Your options are to complete at least one of the following NUT units (worth 6 credit points):

- NUT3003 Applied sport and exercise nutrition (6 points) semester 1.
- NUT3004 Nutrition controversies (6 points) semester 2.
- NUT3007 Work placement (6 points) semester 2.

and

- 6 or 12 points of additional elective units* which can also be other NUT units.

*Additional elective units must be level 2 or level 3 and may be chosen from across Monash University or Faculty of Medicine, Nursing and Health Sciences. You must meet any required prerequisites, co-requisites and other enrolment restrictions. You should also be aware of travel and timetabling limitations.