

Monash University and Peninsula
Health

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Opportunities in Collaborative Ageing
Research

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Peninsula Health

- Acute division
 - Frankston Hospital
 - Rosebud Hospital
- Subacute
 - Rehabilitation Aged and Palliative Care Services
- Residential
 - Rosebud Residential Aged Care Services

Ageing Research Capacity in Peninsula Health

Objectives

- Doing more with less
- Improving patient outcomes
- Improving practice

Evidence-based practice is integration of best research evidence with clinical expertise and patient values

- systematic collection and analysis of current best evidence, implementation of research findings in the clinical setting, and evaluation of the impact of interventions on client care.
- Analysis of current practice, development of answerable research question, design, implementation and evaluation of an intervention, integration of evidence with practice.

The **Best Evidence—Research—Best Practice** connection

Research capacity is the missing link

- Educational – skills development
- Structural – facilitation and support

Current Ageing Research in Peninsula Health

- Lots of Quality Improvement activity, but lacks an evidence-base – needs to be reframed as research
- Current Monash research in PH
 - Cooperative
 - Multidisciplinary culture
 - Implementation of palliative care guidelines
 - Collaborative
 - Dementia information and services for the baby boom generation
- Need more collaborations

Capacity building through collaboration

- Peninsula Health
 - Clinical and service delivery outcomes focus
 - Intimate knowledge of system, clients, issues
- Monash University
 - Research expertise
 - Educational expertise
 - Knowledge of broader research agenda and resources
- Capacity building through
 - skills transfer
 - Defining and addressing local community ageing issues